

# Mindfulness Word Search

## Puzzle 383

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| F | V | I | G | I | L | A | N | T | T | M | T | B | L | Y | S |
| R | Q | S | I | N | C | E | R | E | T | H | X | Z | T | M | R |
| D | P | V | C | M | P | A | W | A | G | B | E | I | B | T | N |
| V | M | W | E | O | N | F | U | I | D | Q | R | H | V | A | S |
| H | H | V | N | J | N | Z | S | N | K | U | W | O | I | R | T |
| C | G | D | J | D | U | S | H | Q | C | D | E | N | I | Z | I |
| L | S | O | R | D | E | R | C | E | E | L | L | E | N | C | L |
| Y | R | H | H | J | L | P | S | I | H | K | L | S | S | U | L |
| S | S | I | L | E | N | C | E | A | O | T | N | T | I | N | N |
| P | A | T | T | E | N | T | I | O | N | U | E | I | G | V | E |
| R | U | N | N | N | J | J | L | E | H | R | S | G | H | J | S |
| E | J | R | N | S | E | K | S | C | Z | E | S | N | T | I | S |
| V | E | Q | P | K | L | E | K | O | X | S | O | J | E | Y | W |
| K | V | I | H | O | R | Y | G | Z | O | T | A | W | Q | S | U |
| L | D | G | R | P | S | R | P | Y | Y | A | E | Z | A | U | S |
| S | S | Q | B | M | S | E | M | C | U | K | Z | U | M | E | A |

**ATTENTION**

**COZY**

**INSIGHT**

**PRESENT**

**REST**

**SIGHT**

**SINCERE**

**VIGILANT**

**CONSCIOUSNESS**

**HONEST**

**ORDER**

**PURPOSE**

**SECURITY**

**SILENCE**

**STILLNESS**

**WELLNESS**

# Mindfulness Word Search

## Puzzle-Solution 383

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| F | V | I | G | I | L | A | N | T | T | M | T | B | L | Y | S |
| R | Q | S | I | N | C | E | R | E | T | H | X | Z | T | M | R |
| D | P | V | C | M | P | A | W | A | G | B | E | I | B | T | N |
| V | M | W | E | O | N | F | U | I | D | Q | R | H | V | A | S |
| H | H | V | N | J | N | Z | S | N | K | U | W | O | I | R | T |
| C | G | D | J | D | U | S | H | Q | C | D | E | N | I | Z | I |
| L | S | O | R | D | E | R | C | E | E | L | L | E | N | C | L |
| Y | R | H | H | J | L | P | S | I | H | K | L | S | S | U | L |
| S | S | I | L | E | N | C | E | A | O | T | N | T | I | N | N |
| P | A | T | T | E | N | T | I | O | N | U | E | I | G | V | E |
| R | U | N | N | N | J | J | L | E | H | R | S | G | H | J | S |
| E | J | R | N | S | E | K | S | C | Z | E | S | N | T | I | S |
| V | E | Q | P | K | L | E | K | O | X | S | O | J | E | Y | W |
| K | V | I | H | O | R | Y | G | Z | O | T | A | W | Q | S | U |
| L | D | G | R | P | S | R | P | Y | Y | A | E | Z | A | U | S |
| S | S | Q | B | M | S | E | M | C | U | K | Z | U | M | E | A |

**ATTENTION**  
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**SINCERE**  
**VIGILANT**

**CONSCIOUSNESS**  
**HONEST**  
**ORDER**  
**PURPOSE**  
**SECURITY**  
**SILENCE**  
**STILLNESS**  
**WELLNESS**