

Mindfulness Word Search

Puzzle 385

P	J	T	B	P	C	O	N	C	E	N	T	R	A	T	E
F	S	D	R	R	R	X	Z	S	F	J	J	V	I	F	X
A	M	E	T	T	I	E	T	E	A	R	P	V	J	M	Z
R	E	S	L	A	A	Z	S	R	G	E	P	U	E	Y	L
W	N	A	T	B	X	B	Y	E	U	A	R	F	M	P	X
E	T	K	P	A	L	I	G	N	N	L	B	X	C	C	P
X	A	C	X	E	N	I	S	E	M	T	C	F	W	I	S
R	L	T	L	A	K	J	T	E	A	H	A	V	E	N	I
A	G	Z	I	A	P	F	F	T	E	T	W	Z	H	Y	L
P	R	D	D	J	R	I	N	C	K	D	Y	N	D	A	E
A	E	H	F	R	L	I	N	S	U	G	Y	A	W	S	N
N	K	S	R	M	M	E	T	O	E	O	E	X	I	Q	C
C	X	Y	K	G	S	Z	O	Y	Y	T	S	K	S	I	E
H	E	G	E	E	B	K	R	T	S	L	D	Y	D	X	N
O	F	O	R	G	I	V	E	N	E	S	S	D	O	B	H
R	P	P	E	S	E	T	T	L	E	P	O	V	M	J	D

**ALIGN
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FORGIVENESS
LIFE
PRESENCE
REAL
SETTLE
STEADY**

**ANCHOR
CONCENTRATE
HAVEN
MENTAL
PRESENT
SERENE
SILENCE
WISDOM**

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Puzzle-Solution 385

P	J	T	B	P	C	O	N	C	E	N	T	R	A	T	E
F	S	D	R	R	R	X	Z	S	F	J	J	V	I	F	X
A	M	E	T	T	I	E	T	E	A	R	P	V	J	M	Z
R	E	S	L	A	A	Z	S	R	G	E	P	U	E	Y	L
W	N	A	T	B	X	B	Y	E	U	A	R	F	M	P	X
E	T	K	P	A	L	I	G	N	N	L	B	X	C	C	P
X	A	C	X	E	N	I	S	E	M	T	C	F	W	I	S
R	L	T	L	A	K	J	T	E	A	H	A	V	E	N	I
A	G	Z	I	A	P	F	F	T	E	T	W	Z	H	Y	L
P	R	D	D	J	R	I	N	C	K	D	Y	N	D	A	E
A	E	H	F	R	L	I	N	S	U	G	Y	A	W	S	N
N	K	S	R	M	M	E	T	O	E	O	E	X	I	Q	C
C	X	Y	K	G	S	Z	O	Y	Y	T	S	K	S	I	E
H	E	G	E	E	B	K	R	T	S	L	D	Y	D	X	N
O	F	O	R	G	I	V	E	N	E	S	S	D	O	B	H
R	P	P	E	S	E	T	T	L	E	P	O	V	M	J	D

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