

# Mindfulness Word Search

## Puzzle 386

B	T	R	U	T	H	F	U	L	Q	V	J	O	S	S	N
R	X	I	S	Z	U	K	O	G	W	C	C	W	E	Q	Z
G	S	D	O	P	R	H	P	W	M	A	G	W	N	F	E
R	D	Z	P	P	I	E	Z	G	G	L	N	L	S	H	Z
O	H	M	O	J	Q	E	L	G	J	M	I	X	A	O	M
U	F	E	X	P	J	Q	I	A	B	L	K	S	T	M	E
N	L	N	A	U	L	N	A	X	X	S	D	L	I	E	I
D	X	T	I	R	G	T	L	C	Y	O	U	C	O	G	V
Y	P	A	T	I	E	N	C	E	C	F	S	L	N	F	Q
B	J	L	Y	T	I	T	E	B	T	E	P	I	Y	F	A
X	A	I	X	Y	R	L	V	H	T	E	P	H	Y	D	C
D	M	T	Q	O	O	O	G	R	T	X	P	T	X	S	T
M	M	Y	P	H	U	I	A	B	R	E	A	T	H	P	U
A	O	P	W	U	S	E	B	E	E	E	I	M	Z	B	M
P	U	Q	D	N	H	G	J	J	Z	A	A	C	B	W	V
S	H	B	I	S	U	H	E	A	L	T	H	V	A	P	G

**ACCEPT  
CALM  
HEALTH  
HOME  
MENTALITY  
PURITY  
SENSATION  
TRUTHFUL**

**BREATH  
GROUND  
HEART  
INSIGHTFUL  
PATIENCE  
RELAX  
SUPPORT  
WHOLE**

# Mindfulness Word Search

## Puzzle-Solution 386

B	T	R	U	T	H	F	U	L	Q	V	J	O	S	S	N
R	X	I	S	Z	U	K	O	G	W	C	C	W	E	Q	Z
G	S	D	O	P	R	H	P	W	M	A	G	W	N	F	E
R	D	Z	P	P	I	E	Z	G	G	L	N	L	S	H	Z
O	H	M	O	J	Q	E	L	G	J	M	I	X	A	O	M
U	F	E	X	P	J	Q	I	A	B	L	K	S	T	M	E
N	L	N	A	U	L	N	A	X	X	S	D	L	I	E	I
D	X	T	I	R	G	T	L	C	Y	O	U	C	O	G	V
Y	P	A	T	I	E	N	C	E	C	F	S	L	N	F	Q
B	J	L	Y	T	I	T	E	B	T	E	P	I	Y	F	A
X	A	I	X	Y	R	L	V	H	T	E	P	H	Y	D	C
D	M	T	Q	O	O	O	G	R	T	X	P	T	X	S	T
M	M	Y	P	H	U	I	A	B	R	E	A	T	H	P	U
A	O	P	W	U	S	E	B	E	E	E	I	M	Z	B	M
P	U	Q	D	N	H	G	J	J	Z	A	A	C	B	W	V
S	H	B	I	S	U	H	E	A	L	T	H	V	A	P	G

**ACCEPT**  
**CALM**  
**HEALTH**  
**HOME**  
**MENTALITY**  
**PURITY**  
**SENSATION**  
**TRUTHFUL**

**BREATH**  
**GROUND**  
**HEART**  
**INSIGHTFUL**  
**PATIENCE**  
**RELAX**  
**SUPPORT**  
**WHOLE**