

# Mindfulness Word Search

## Puzzle 387

K	A	T	K	D	A	S	R	Y	C	T	G	O	N	Y	T
V	U	H	U	T	Y	H	T	D	Q	I	N	I	E	C	R
A	O	P	V	R	J	I	A	Y	E	T	B	F	H	L	E
C	J	E	X	L	L	Z	T	N	R	R	B	S	I	X	F
H	O	M	I	I	O	I	M	C	M	U	G	E	R	Z	L
O	X	N	B	N	L	A	M	Z	Y	T	Y	N	E	L	E
T	P	A	C	A	T	H	M	P	M	H	A	S	S	G	C
M	T	E	T	E	T	U	K	A	X	F	C	A	T	G	T
S	D	N	N	Y	N	H	I	C	S	U	C	T	O	R	I
K	E	X	H	N	O	T	Q	T	V	L	E	I	R	A	O
M	R	R	F	E	E	E	R	N	I	F	P	O	A	C	N
C	J	E	R	R	A	S	O	A	I	O	T	N	T	E	F
C	G	I	L	I	X	L	S	E	T	H	N	T	I	F	U
K	N	Q	O	A	F	R	T	F	M	E	Q	W	V	U	E
Z	O	W	L	W	X	U	O	H	E	A	R	T	E	L	Q
D	T	E	I	F	V	G	E	N	T	L	E	N	E	S	S

**ACCEPT  
GENTLENESS  
HEALTH  
INTUITION  
OPENNESS  
RELAX  
RHYTHM  
STABILITY**

**CONCENTRATE  
GRACEFUL  
HEART  
MENTALITY  
REFLECTION  
RESTORATIVE  
SENSATION  
TRUTHFUL**

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## Puzzle-Solution 387

K	A	T	K	D	A	S	R	Y	C	T	G	O	N	Y	T
V	U	H	U	T	Y	H	T	D	Q	I	N	I	E	C	R
A	O	P	V	R	J	I	A	Y	E	T	B	F	H	L	E
C	J	E	X	L	L	Z	T	N	R	R	B	S	I	X	F
H	O	M	I	I	O	I	M	C	M	U	G	E	R	Z	L
O	X	N	B	N	L	A	M	Z	Y	T	Y	N	E	L	E
T	P	A	C	A	T	H	M	P	M	H	A	S	S	G	C
M	T	E	T	E	T	U	K	A	X	F	C	A	T	G	T
S	D	N	N	Y	N	H	I	C	S	U	C	T	O	R	I
K	E	X	H	N	O	T	Q	T	V	L	E	I	R	A	O
M	R	R	F	E	E	E	R	N	I	F	P	O	A	C	N
C	J	E	R	R	A	S	O	A	I	O	T	N	T	E	F
C	G	I	L	I	X	L	S	E	T	H	N	T	I	F	U
K	N	Q	O	A	F	R	T	F	M	E	Q	W	V	U	E
Z	O	W	L	W	X	U	O	H	E	A	R	T	E	L	Q
D	T	E	I	F	V	G	E	N	T	L	E	N	E	S	S

**ACCEPT**  
**GENTLENESS**  
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