

# Mindfulness Word Search

## Puzzle 389

F	V	T	R	A	N	Q	U	I	L	S	O	O	C	M	U
R	U	Z	D	F	G	T	S	D	S	T	Y	W	D	I	X
J	W	W	C	H	L	S	B	E	E	T	S	E	H	N	W
U	P	E	C	D	E	H	N	I	E	P	L	M	A	T	P
Z	U	U	L	N	C	E	U	F	P	E	O	Q	R	E	P
G	D	F	T	L	N	Q	A	R	A	R	W	X	M	N	T
X	D	F	W	O	N	S	C	K	T	C	N	L	O	T	W
R	O	W	A	W	Q	E	K	Y	I	E	E	X	N	I	D
S	D	S	H	B	G	Q	S	M	E	P	S	D	Y	O	C
L	M	V	U	L	N	R	C	S	N	T	S	X	J	N	A
H	O	M	E	P	E	X	K	E	C	I	Y	E	G	Y	L
X	J	H	G	T	P	G	T	O	E	O	W	S	B	K	M
N	F	E	L	C	S	O	I	J	U	N	F	C	L	B	N
D	N	E	S	E	G	O	R	G	L	G	Y	O	B	D	E
E	H	O	H	W	E	R	B	T	A	L	U	H	V	K	S
S	L	K	C	O	D	R	S	X	C	S	O	U	N	D	S

**CALMNESS**  
**HOME**  
**ONENESS**  
**PERCEPTION**  
**SAFETY**  
**SLOWNESS**  
**SOUND**  
**TRANQUIL**

**HARMONY**  
**INTENTION**  
**PATIENCE**  
**QUIET**  
**SHELTER**  
**SOFTNESS**  
**SUPPORT**  
**WELLNESS**

# Mindfulness Word Search

## Puzzle-Solution 389

F	V	T	R	A	N	Q	U	I	L	S	O	O	C	M	U
R	U	Z	D	F	G	T	S	D	S	T	Y	W	D	I	X
J	W	W	C	H	L	S	B	E	E	T	S	E	H	N	W
U	P	E	C	D	E	H	N	I	E	P	L	M	A	T	P
Z	U	U	L	N	C	E	U	F	P	E	O	Q	R	E	P
G	D	F	T	L	N	Q	A	R	A	R	W	X	M	N	T
X	D	F	W	O	N	S	C	K	T	C	N	L	O	T	W
R	O	W	A	W	Q	E	K	Y	I	E	E	X	N	I	D
S	D	S	H	B	G	Q	S	M	E	P	S	D	Y	O	C
L	M	V	U	L	N	R	C	S	N	T	S	X	J	N	A
H	O	M	E	P	E	X	K	E	C	I	Y	E	G	Y	L
X	J	H	G	T	P	G	T	O	E	O	W	S	B	K	M
N	F	E	L	C	S	O	I	J	U	N	F	C	L	B	N
D	N	E	S	E	G	O	R	G	L	G	Y	O	B	D	E
E	H	O	H	W	E	R	B	T	A	L	U	H	V	K	S
S	L	K	C	O	D	R	S	X	C	S	O	U	N	D	S

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