

Mindfulness Word Search

Puzzle 390

B	I	B	Y	L	V	E	M	H	I	W	V	X	R	U	L
O	V	N	Z	O	P	H	K	P	O	B	K	S	E	A	E
D	C	S	T	D	H	G	W	U	H	W	D	O	S	U	A
Y	M	O	Q	E	Q	V	V	H	L	L	B	U	T	G	R
F	T	Z	E	A	G	L	C	C	G	B	O	N	F	F	E
O	L	S	R	V	L	R	W	J	Y	B	T	D	U	R	C
R	A	K	Q	P	A	L	I	K	M	N	K	E	L	H	E
E	C	H	K	I	E	Z	O	T	F	W	O	O	E	S	P
H	J	X	H	R	J	R	F	W	Y	U	L	X	G	O	T
F	S	X	F	Y	E	K	C	S	E	R	E	N	E	F	I
A	W	O	S	E	T	T	L	E	M	E	N	T	H	T	V
C	B	I	K	R	E	S	T	K	P	M	O	T	C	H	I
X	W	H	O	L	E	N	E	S	S	T	U	H	D	N	T
V	I	Q	W	S	E	N	S	E	I	R	I	F	H	G	Y
F	H	E	A	R	T	L	S	T	T	V	M	O	X	K	W
L	H	H	I	D	U	V	B	V	R	W	R	Q	N	Y	V

**ALLOW
EASE
INTEGRITY
RECEPTIVITY
RESTFUL
SERENE
SOFT
TRUTH**

**BODY
HEART
PERCEPTION
REST
SENSE
SETTLEMENT
SOUND
WHOLENESS**

Mindfulness Word Search

Puzzle-Solution 390

B	I	B	Y	L	V	E	M	H	I	W	V	X	R	U	L
O	V	N	Z	O	P	H	K	P	O	B	K	S	E	A	E
D	C	S	T	D	H	G	W	U	H	W	D	O	S	U	A
Y	M	O	Q	E	Q	V	V	H	L	L	B	U	T	G	R
F	T	Z	E	A	G	L	C	C	G	B	O	N	F	F	E
O	L	S	R	V	L	R	W	J	Y	B	T	D	U	R	C
R	A	K	Q	P	A	L	I	K	M	N	K	E	L	H	E
E	C	H	K	I	E	Z	O	T	F	W	O	O	E	S	P
H	J	X	H	R	J	R	F	W	Y	U	L	X	G	O	T
F	S	X	F	Y	E	K	C	S	E	R	E	N	E	F	I
A	W	O	S	E	T	T	L	E	M	E	N	T	H	T	V
C	B	I	K	R	E	S	T	K	P	M	O	T	C	H	I
X	W	H	O	L	E	N	E	S	S	T	U	H	D	N	T
V	I	Q	W	S	E	N	S	E	I	R	I	F	H	G	Y
F	H	E	A	R	T	L	S	T	T	V	M	O	X	K	W
L	H	H	I	D	U	V	B	V	R	W	R	Q	N	Y	V

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