

Mindfulness Word Search

Puzzle 406

A	L	L	O	W	A	N	C	E	S	A	D	I	F	G	J
N	N	M	H	J	F	C	T	S	M	L	Q	R	B	S	C
A	W	E	S	H	I	P	E	J	Z	S	L	W	W	B	Z
C	L	N	E	Z	T	N	F	B	P	N	O	W	R	C	E
C	W	T	S	D	L	A	H	F	T	Z	O	L	F	O	C
E	H	A	V	L	T	L	S	O	B	B	U	M	K	N	O
P	X	L	E	X	P	I	V	T	M	F	L	G	X	S	B
T	Y	W	L	V	Q	G	C	L	E	E	M	W	E	C	S
A	S	V	L	Z	L	N	Z	S	Q	B	Q	M	K	I	E
N	O	V	L	C	H	M	A	R	A	L	E	R	T	O	R
C	G	R	R	Z	U	E	X	Y	M	H	Z	K	U	U	V
E	W	X	Z	I	K	N	T	T	O	E	Z	C	M	S	E
S	U	P	P	O	R	T	H	P	L	A	H	N	I	N	A
B	B	U	Q	E	B	G	Z	N	B	R	C	G	G	E	K
N	A	Z	A	O	I	T	B	C	J	T	F	G	P	S	M
P	H	F	Q	S	L	U	R	E	F	U	G	E	X	S	C

ACCEPTANCE
ALIGNMENT
CONSCIOUSNESS
HEART
MENTAL
OBSERVE
SIGHT
TASTE

ALERT
ALLOWANCE
EASEFUL
HOME
NOW
REFUGE
SUPPORT
WELLNESS

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Puzzle-Solution 406

A	L	L	O	W	A	N	C	E	S	A	D	I	F	G	J
N	N	M	H	J	F	C	T	S	M	L	Q	R	B	S	C
A	W	E	S	H	I	P	E	J	Z	S	L	W	W	B	Z
C	L	N	E	Z	T	N	F	B	P	N	O	W	R	C	E
C	W	T	S	D	L	A	H	F	T	Z	O	L	F	O	C
E	H	A	V	L	T	L	S	O	B	B	U	M	K	N	O
P	X	L	E	X	P	I	V	T	M	F	L	G	X	S	B
T	Y	W	L	V	Q	G	C	L	E	E	M	W	E	C	S
A	S	V	L	Z	L	N	Z	S	Q	B	Q	M	K	I	E
N	O	V	L	C	H	M	A	R	A	L	E	R	T	O	R
C	G	R	R	Z	U	E	X	Y	M	H	Z	K	U	U	V
E	W	X	Z	I	K	N	T	T	O	E	Z	C	M	S	E
S	U	P	P	O	R	T	H	P	L	A	H	N	I	N	A
B	B	U	Q	E	B	G	Z	N	B	R	C	G	G	E	K
N	A	Z	A	O	I	T	B	C	J	T	F	G	P	S	M
P	H	F	Q	S	L	U	R	E	F	U	G	E	X	S	C

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