

Mindfulness Word Search

Puzzle 411

O	B	C	O	N	S	C	I	O	U	S	N	E	S	S	X
F	P	Y	Q	K	I	N	D	N	E	S	S	H	U	A	R
Z	T	Q	L	D	P	T	C	W	C	B	D	U	L	U	E
Z	M	L	N	H	R	W	L	R	C	M	L	E	V	I	S
U	G	S	I	A	A	L	I	G	N	L	R	U	G	O	T
R	E	Y	E	A	P	A	T	I	E	N	C	E	S	P	O
U	N	H	Q	U	O	S	X	E	G	N	Q	I	Y	E	R
T	T	S	Z	N	X	A	O	T	C	C	A	N	K	N	A
U	L	U	H	R	Z	S	N	O	R	V	H	T	T	K	T
C	E	Y	I	E	I	A	Y	T	T	X	G	R	X	K	I
L	V	N	X	K	L	M	O	H	Y	H	O	O	J	O	V
P	I	R	B	I	U	T	I	X	O	B	E	S	A	M	E
O	T	F	G	C	O	E	E	X	A	N	O	P	D	Y	A
M	A	I	E	F	M	K	Y	R	E	J	Y	E	N	K	X
C	V	U	X	O	C	D	H	U	Q	N	A	C	W	L	W
R	Z	X	H	K	Y	F	L	O	W	Y	F	T	O	J	D

**ALIGN
FLOW
HEART
INTROSPECT
LIFE
PATIENCE
RESTORATIVE
SOOTHE**

**CONSCIOUSNESS
GENTLE
HOME
KINDNESS
OPEN
RELAX
SHELTER
VIGILANT**

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Puzzle-Solution 411

O	B	C	O	N	S	C	I	O	U	S	N	E	S	S	X
F	P	Y	Q	K	I	N	D	N	E	S	S	H	U	A	R
Z	T	Q	L	D	P	T	C	W	C	B	D	U	L	U	E
Z	M	L	N	H	R	W	L	R	C	M	L	E	V	I	S
U	G	S	I	A	A	L	I	G	N	L	R	U	G	O	T
R	E	Y	E	A	P	A	T	I	E	N	C	E	S	P	O
U	N	H	Q	U	O	S	X	E	G	N	Q	I	Y	E	R
T	T	S	Z	N	X	A	O	T	C	C	A	N	K	N	A
U	L	U	H	R	Z	S	N	O	R	V	H	T	T	K	T
C	E	Y	I	E	I	A	Y	T	T	X	G	R	X	K	I
L	V	N	X	K	L	M	O	H	Y	H	O	O	J	O	V
P	I	R	B	I	U	T	I	X	O	B	E	S	A	M	E
O	T	F	G	C	O	E	E	X	A	N	O	P	D	Y	A
M	A	I	E	F	M	K	Y	R	E	J	Y	E	N	K	X
C	V	U	X	O	C	D	H	U	Q	N	A	C	W	L	W
R	Z	X	H	K	Y	F	L	O	W	Y	F	T	O	J	D

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