

# Mindfulness Word Search

## Puzzle 422

X	H	J	N	R	E	F	L	E	C	T	I	O	N	N	N
W	H	O	L	E	N	E	S	S	N	O	T	I	C	E	V
S	H	K	U	M	P	E	R	C	E	P	T	I	O	N	J
S	P	S	V	E	F	W	X	S	E	D	T	H	B	D	J
X	O	C	Z	R	H	N	M	V	I	T	M	H	J	K	E
P	K	U	X	C	B	T	I	K	B	N	B	J	Z	A	T
R	L	E	L	Y	F	J	N	I	L	E	C	S	T	P	T
E	B	M	Y	T	L	C	D	Q	N	P	Z	E	V	J	V
S	F	P	C	G	O	D	F	L	K	S	E	W	R	Q	I
E	X	A	E	W	W	I	U	K	Y	S	I	U	E	E	S
N	Q	T	O	V	U	F	L	C	S	W	Z	G	Q	F	C
C	U	H	B	H	E	E	N	M	M	P	M	X	H	O	E
E	T	Y	U	C	F	Z	E	L	L	B	T	Q	O	T	N
K	X	N	A	I	D	O	S	W	L	N	X	Z	A	O	T
E	X	E	L	G	N	N	S	D	A	L	G	I	I	Q	X
H	P	M	H	C	A	T	T	E	N	T	I	O	N	N	N

**ATTENTION  
FLOW  
LIFE  
MINDFULNESS  
PEACEFUL  
PRESENCE  
SCENT  
SOUL**

**EMPATHY  
INSIGHT  
MERCY  
NOTICE  
PERCEPTION  
REFLECTION  
SINCERE  
WHOLENESS**

# Mindfulness Word Search

## Puzzle-Solution 422

X	H	J	N	R	E	F	L	E	C	T	I	O	N	N	N
W	H	O	L	E	N	E	S	S	N	O	T	I	C	E	V
S	H	K	U	M	P	E	R	C	E	P	T	I	O	N	J
S	P	S	V	E	F	W	X	S	E	D	T	H	B	D	J
X	O	C	Z	R	H	N	M	V	I	T	M	H	J	K	E
P	K	U	X	C	B	T	I	K	B	N	B	J	Z	A	T
R	L	E	L	Y	F	J	N	I	L	E	C	S	T	P	T
E	B	M	Y	T	L	C	D	Q	N	P	Z	E	V	J	V
S	F	P	C	G	O	D	F	L	K	S	E	W	R	Q	I
E	X	A	E	W	W	I	U	K	Y	S	I	U	E	E	S
N	Q	T	O	V	U	F	L	C	S	W	Z	G	Q	F	C
C	U	H	B	H	E	E	N	M	M	P	M	X	H	O	E
E	T	Y	U	C	F	Z	E	L	L	B	T	Q	O	T	N
K	X	N	A	I	D	O	S	W	L	N	X	Z	A	O	T
E	X	E	L	G	N	N	S	D	A	L	G	I	I	Q	X
H	P	M	H	C	A	T	T	E	N	T	I	O	N	N	N

**ATTENTION**  
**FLOW**  
**LIFE**  
**MINDFULNESS**  
**PEACEFUL**  
**PRESENCE**  
**SCENT**  
**SOUL**

**EMPATHY**  
**INSIGHT**  
**MERCY**  
**NOTICE**  
**PERCEPTION**  
**REFLECTION**  
**SINCERE**  
**WHOLENESS**