

# Mindfulness Word Search

## Puzzle 423

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| A | C | C | E | P | T | A | N | C | E | A | Y | Q | A | I | C |
| N | H | A | M | V | M | A | E | M | Z | S | X | X | C | E | T |
| V | H | G | B | V | I | C | O | I | N | J | A | J | L | M | R |
| G | J | T | R | A | N | Q | U | I | L | I | T | Y | A | P | D |
| J | R | U | C | E | D | O | S | S | F | C | L | J | R | A | T |
| R | L | A | S | M | F | O | N | W | C | L | G | O | I | T | B |
| K | R | E | C | J | U | R | E | L | A | X | O | C | T | H | X |
| P | R | K | M | E | L | R | B | B | G | X | Z | W | Y | Y | I |
| P | Y | P | Y | K | N | I | R | L | I | F | J | N | L | L | S |
| W | L | D | G | B | E | W | E | F | O | C | E | N | T | E | R |
| I | O | G | E | G | S | G | A | L | S | E | L | O | B | V | W |
| B | O | H | N | Q | S | B | T | T | P | U | U | E | A | S | E |
| V | Q | C | U | F | I | B | H | V | I | G | I | L | A | N | T |
| C | R | Q | I | R | H | Q | F | C | R | C | A | Q | F | B | K |
| C | N | C | N | E | P | K | U | C | I | O | E | O | O | N | X |
| R | U | W | E | L | W | Y | L | H | T | D | J | S | F | A | X |

**ACCEPTANCE  
BREATHFUL  
CLARITY  
EMPATHY  
GENUINE  
MINDFULNESS  
RELAX  
TRANQUILITY**

**BODY  
CENTER  
EASE  
FLOW  
GRACE  
PRESENCE  
SPIRIT  
VIGILANT**

# Mindfulness Word Search

## Puzzle-Solution 423

|          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |
|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| <b>A</b> | <b>C</b> | <b>C</b> | <b>E</b> | <b>P</b> | <b>T</b> | <b>A</b> | <b>N</b> | <b>C</b> | <b>E</b> | A        | Y        | Q        | A        | I        | C        |
| N        | H        | A        | M        | V        | <b>M</b> | A        | <b>E</b> | M        | Z        | S        | X        | X        | <b>C</b> | <b>E</b> | T        |
| V        | H        | G        | B        | V        | <b>I</b> | <b>C</b> | O        | I        | N        | J        | A        | J        | <b>L</b> | <b>M</b> | R        |
| <b>G</b> | J        | <b>T</b> | <b>R</b> | <b>A</b> | <b>N</b> | <b>Q</b> | <b>U</b> | <b>I</b> | <b>L</b> | <b>I</b> | <b>T</b> | <b>Y</b> | <b>A</b> | <b>P</b> | D        |
| J        | <b>R</b> | U        | C        | <b>E</b> | D        | O        | S        | S        | <b>F</b> | C        | L        | J        | <b>R</b> | <b>A</b> | T        |
| R        | L        | <b>A</b> | <b>S</b> | M        | <b>F</b> | O        | N        | W        | C        | <b>L</b> | G        | O        | <b>I</b> | <b>T</b> | B        |
| K        | R        | <b>E</b> | <b>C</b> | J        | <b>U</b> | <b>R</b> | <b>E</b> | <b>L</b> | <b>A</b> | <b>X</b> | O        | C        | <b>T</b> | <b>H</b> | X        |
| P        | <b>R</b> | K        | M        | <b>E</b> | <b>L</b> | R        | <b>B</b> | B        | G        | X        | Z        | <b>W</b> | <b>Y</b> | <b>Y</b> | I        |
| <b>P</b> | Y        | P        | <b>Y</b> | K        | <b>N</b> | I        | <b>R</b> | L        | I        | F        | J        | N        | L        | L        | S        |
| W        | L        | <b>D</b> | <b>G</b> | B        | <b>E</b> | W        | <b>E</b> | F        | O        | <b>C</b> | <b>E</b> | <b>N</b> | <b>T</b> | <b>E</b> | <b>R</b> |
| I        | <b>O</b> | G        | <b>E</b> | G        | <b>S</b> | G        | <b>A</b> | L        | <b>S</b> | E        | L        | O        | B        | V        | W        |
| <b>B</b> | O        | H        | <b>N</b> | Q        | <b>S</b> | B        | <b>T</b> | T        | <b>P</b> | U        | U        | <b>E</b> | <b>A</b> | <b>S</b> | <b>E</b> |
| V        | Q        | C        | <b>U</b> | F        | I        | B        | <b>H</b> | <b>V</b> | <b>I</b> | <b>G</b> | <b>I</b> | <b>L</b> | <b>A</b> | <b>N</b> | <b>T</b> |
| C        | R        | Q        | <b>I</b> | R        | H        | Q        | <b>F</b> | C        | <b>R</b> | C        | A        | Q        | F        | B        | K        |
| C        | N        | C        | <b>N</b> | E        | P        | K        | <b>U</b> | C        | <b>I</b> | O        | E        | O        | O        | N        | X        |
| R        | U        | W        | <b>E</b> | L        | W        | Y        | <b>L</b> | H        | <b>T</b> | D        | J        | S        | F        | A        | X        |

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