

# Mindfulness Word Search

## Puzzle 429

V	O	M	S	A	W	K	A	S	A	F	E	T	Y	Z	W
J	W	O	E	O	A	A	A	E	N	E	R	G	Y	C	E
H	O	I	N	Z	B	L	C	M	T	N	L	Z	K	O	J
L	E	N	S	Q	S	S	L	P	F	N	O	K	P	N	K
X	J	T	I	O	U	T	E	O	U	J	O	Q	W	T	Q
O	J	E	T	X	O	C	I	R	W	A	U	W	D	E	E
A	P	N	I	V	C	W	R	L	V	A	A	X	R	M	G
Y	E	T	V	A	I	T	E	P	L	E	N	I	H	P	I
R	A	I	I	B	L	J	F	E	F	N	P	C	F	L	R
C	C	O	T	L	I	D	U	F	O	V	E	M	E	A	H
K	E	N	Y	Q	W	S	G	A	I	C	U	S	V	T	Y
C	F	I	N	M	B	E	E	I	A	L	A	W	S	I	T
X	U	Y	H	F	L	O	W	E	L	H	O	J	E	O	H
B	L	V	S	C	T	Y	P	E	R	A	X	O	Y	N	M
O	U	V	W	U	O	S	E	N	S	O	R	Y	V	O	O
V	N	O	O	B	S	E	R	V	A	T	I	O	N	E	D

**ACCEPT  
CONTEMPLATION  
FLOW  
OBSERVATION  
PEACE  
REFUGE  
SAFETY  
SENSORY**

**ALLOWANCE  
ENERGY  
INTENTION  
OBSERVE  
PEACEFUL  
RHYTHM  
SENSITIVITY  
STILLNESS**

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## Puzzle-Solution 429

V	O	M	S	A	W	K	A	S	A	F	E	T	Y	Z	W
J	W	O	E	O	A	A	A	E	N	E	R	G	Y	C	E
H	O	I	N	Z	B	L	C	M	T	N	L	Z	K	O	J
L	E	N	S	Q	S	S	L	P	F	N	O	K	P	N	K
X	J	T	I	O	U	T	E	O	U	J	O	Q	W	T	Q
O	J	E	T	X	O	C	I	R	W	A	U	W	D	E	E
A	P	N	I	V	C	W	R	L	V	A	A	X	R	M	G
Y	E	T	V	A	I	T	E	P	L	E	N	I	H	P	I
R	A	I	I	B	L	J	F	E	F	N	P	C	F	L	R
C	C	O	T	L	I	D	U	F	O	V	E	M	E	A	H
K	E	N	Y	Q	W	S	G	A	I	C	U	S	V	T	Y
C	F	I	N	M	B	E	E	I	A	L	A	W	S	I	T
X	U	Y	H	F	L	O	W	E	L	H	O	J	E	O	H
B	L	V	S	C	T	Y	P	E	R	A	X	O	Y	N	M
O	U	V	W	U	O	S	E	N	S	O	R	Y	V	O	O
V	N	O	O	B	S	E	R	V	A	T	I	O	N	E	D

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