

Mindfulness Word Search

Puzzle 430

I	Y	B	I	N	M	B	A	L	A	N	C	E	S	R	O
R	I	F	I	S	M	J	G	Z	L	R	E	F	U	G	E
O	A	C	C	H	Z	E	D	L	C	H	I	B	R	B	D
Y	C	O	C	H	P	O	N	G	E	N	U	I	N	E	V
M	C	M	M	H	S	G	W	T	N	J	U	T	P	G	C
G	E	P	I	A	K	M	Q	G	A	E	R	D	C	L	M
D	P	O	X	M	N	B	J	R	T	L	X	A	G	X	O
C	T	S	O	B	S	E	R	V	A	T	I	O	N	I	M
S	O	E	R	W	Z	T	P	W	U	N	G	T	C	A	E
L	M	M	W	P	V	Y	W	X	K	E	W	T	Y	L	N
O	W	E	P	C	O	N	C	E	N	T	R	A	T	E	T
W	P	M	N	O	B	E	N	S	T	A	B	L	E	R	H
Q	X	I	P	K	S	G	N	E	O	J	Y	B	X	T	K
W	K	N	K	A	I	U	A	F	H	N	M	E	P	T	Y
J	B	D	E	L	U	O	R	G	K	Q	R	U	A	J	A
P	A	G	A	N	J	W	F	E	N	E	F	Y	Y	W	C

**ACCEPT
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CONCENTRATE
GENUINE
MIND
OBSERVATION
SLOW**

**ALERT
BALANCE
COMPOSURE
EASE
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MOMENT
REFUGE
STABLE**

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Puzzle-Solution 430

I	Y	B	I	N	M	B	A	L	A	N	C	E	S	R	O
R	I	F	I	S	M	J	G	Z	L	R	E	F	U	G	E
O	A	C	C	H	Z	E	D	L	C	H	I	B	R	B	D
Y	C	O	C	H	P	O	N	G	E	N	U	I	N	E	V
M	C	M	M	H	S	G	W	T	N	J	U	T	P	G	C
G	E	P	I	A	K	M	Q	G	A	E	R	D	C	L	M
D	P	O	X	M	N	B	J	R	T	L	X	A	G	X	O
C	T	S	O	B	S	E	R	V	A	T	I	O	N	I	M
S	O	E	R	W	Z	T	P	W	U	N	G	T	C	A	E
L	M	M	W	P	V	Y	W	X	K	E	W	T	Y	L	N
O	W	E	P	C	O	N	C	E	N	T	R	A	T	E	T
W	P	M	N	O	B	E	N	S	T	A	B	L	E	R	H
Q	X	I	P	K	S	G	N	E	O	J	Y	B	X	T	K
W	K	N	K	A	I	U	A	F	H	N	M	E	P	T	Y
J	B	D	E	L	U	O	R	G	K	Q	R	U	A	J	A
P	A	G	A	N	J	W	F	E	N	E	F	Y	Y	W	C

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