

Mindfulness Word Search

Puzzle 439

U	P	Q	B	E	C	N	E	O	X	F	Y	X	O	Q	R
J	S	B	R	E	A	T	H	F	U	L	J	Y	T	V	E
S	B	E	H	V	X	E	A	B	C	L	Y	I	Y	C	S
T	T	T	T	P	R	S	M	D	R	T	E	T	N	S	T
R	A	A	J	T	D	P	C	E	I	E	I	E	G	I	F
A	E	B	B	Z	L	M	N	R	N	R	A	K	C	N	U
N	I	F	W	L	R	E	U	E	U	T	J	T	H	C	L
Q	G	S	G	X	E	C	M	P	S	U	A	Z	H	E	B
U	A	U	Z	F	E	K	Q	E	E	J	B	L	G	R	C
I	P	P	L	S	S	Q	H	O	N	E	S	T	I	E	D
L	A	U	R	G	R	A	C	E	S	T	K	P	A	T	Q
W	U	G	T	E	J	P	V	I	A	S	B	L	Z	C	Y
Y	S	B	F	N	S	A	I	X	T	B	J	V	V	R	V
T	E	Y	Z	U	R	E	M	V	I	J	L	L	S	W	Q
O	J	Y	Q	X	D	D	N	V	O	A	L	I	G	N	M
U	G	D	W	W	G	N	L	T	N	J	P	K	S	C	G

**ALIGN
BREATHFUL
HONEST
PAUSE
PURITY
SECURITY
SETTLEMENT
STABLE**

**BREATH
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MENTALITY
PRESENT
RESTFUL
SENSATION
SINCERE
TRANQUIL**

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Puzzle-Solution 439

U	P	Q	B	E	C	N	E	O	X	F	Y	X	O	Q	R
J	S	B	R	E	A	T	H	F	U	L	J	Y	T	V	E
S	B	E	H	V	X	E	A	B	C	L	Y	I	Y	C	S
T	T	T	T	P	R	S	M	D	R	T	E	T	N	S	T
R	A	A	J	T	D	P	C	E	I	E	I	E	G	I	F
A	E	B	B	Z	L	M	N	R	N	R	A	K	C	N	U
N	I	F	W	L	R	E	U	E	U	T	J	T	H	C	L
Q	G	S	G	X	E	C	M	P	S	U	A	Z	H	E	B
U	A	U	Z	F	E	K	Q	E	E	J	B	L	G	R	C
I	P	P	L	S	S	Q	H	O	N	E	S	T	I	E	D
L	A	U	R	G	R	A	C	E	S	T	K	P	A	T	Q
W	U	G	T	E	J	P	V	I	A	S	B	L	Z	C	Y
Y	S	B	F	N	S	A	I	X	T	B	J	V	V	R	V
T	E	Y	Z	U	R	E	M	V	I	J	L	L	S	W	Q
O	J	Y	Q	X	D	D	N	V	O	A	L	I	G	N	M
U	G	D	W	W	G	N	L	T	N	J	P	K	S	C	G

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