

Mindfulness Word Search

Puzzle 442

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| P | Y | Q | C | O | N | S | C | I | O | U | S | N | E | S | S |
| L | B | O | T | U | B | O | B | D | U | S | W | D | T | T | M |
| U | E | Q | C | U | J | X | X | R | N | B | O | D | Y | R | E |
| U | E | V | V | K | C | A | Z | O | E | T | R | Z | N | A | N |
| K | P | G | Z | B | E | I | I | N | S | A | A | Z | X | N | N |
| G | P | P | S | E | V | T | N | J | Z | S | T | M | C | Q | H |
| D | Y | E | C | W | C | X | J | T | H | T | F | H | O | U | G |
| B | U | A | A | E | I | H | L | K | R | E | A | R | M | I | S |
| I | R | V | L | C | T | Y | O | S | L | O | Q | P | P | L | U |
| G | Y | F | L | L | E | Y | E | A | L | P | S | P | O | I | G |
| V | E | P | A | D | Y | F | N | M | A | O | H | P | S | T | I |
| R | M | E | J | A | I | R | U | D | P | O | W | L | E | Y | Z |
| S | H | L | E | J | E | F | N | L | M | A | X | N | U | C | O |
| J | W | V | A | T | I | I | Z | D | A | S | T | D | E | D | T |
| P | H | S | E | Z | M | Z | M | B | S | I | T | H | A | S | A |
| Q | C | S | I | N | C | E | R | E | O | L | Z | M | Y | H | S |

BODY
COMPOSE
EMPATHY
GRACE
INTROSPECT
PEACEFUL
SINCERE
TASTE

BREATH
CONSCIOUSNESS
ETERNAL
HEALTH
MIND
REFLECTION
SLOWNESS
TRANQUILITY

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Puzzle-Solution 442

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| P | Y | Q | C | O | N | S | C | I | O | U | S | N | E | S | S |
| L | B | O | T | U | B | O | B | D | U | S | W | D | T | T | M |
| U | E | Q | C | U | J | X | X | R | N | B | O | D | Y | R | E |
| U | E | V | V | K | C | A | Z | O | E | T | R | Z | N | A | N |
| K | P | G | Z | B | E | I | I | N | S | A | A | Z | X | N | N |
| G | P | P | S | E | V | T | N | J | Z | S | T | M | C | Q | H |
| D | Y | E | C | W | C | X | J | T | H | T | F | H | O | U | G |
| B | U | A | A | E | I | H | L | K | R | E | A | R | M | I | S |
| I | R | V | L | C | T | Y | O | S | L | O | Q | P | P | L | U |
| G | Y | F | L | L | E | Y | E | A | L | P | S | P | O | I | G |
| V | E | P | A | D | Y | F | N | M | A | O | H | P | S | T | I |
| R | M | E | J | A | I | R | U | D | P | O | W | L | E | Y | Z |
| S | H | L | E | J | E | F | N | L | M | A | X | N | U | C | O |
| J | W | V | A | T | I | I | Z | D | A | S | T | D | E | D | T |
| P | H | S | E | Z | M | Z | M | B | S | I | T | H | A | S | A |
| Q | C | S | I | N | C | E | R | E | O | L | Z | M | Y | H | S |

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