

# Mindfulness Word Search

## Puzzle 448

E	L	W	U	S	S	N	G	W	K	P	T	H	G	P	A
H	H	F	N	C	C	O	N	T	I	N	U	I	T	Y	B
J	M	B	N	I	L	R	Y	I	M	H	J	H	B	B	R
R	Q	E	T	R	U	T	H	F	U	L	B	C	I	V	Q
E	W	E	N	T	R	U	T	H	U	E	S	I	Y	W	Y
F	Q	Q	K	T	F	J	O	S	F	U	R	C	C	L	C
J	S	U	T	A	A	G	M	V	T	Y	K	W	E	K	I
X	T	A	O	Z	G	L	L	X	H	E	V	R	B	N	I
R	I	B	U	V	B	U	I	T	T	S	A	U	M	S	T
B	L	L	C	P	O	S	A	T	W	E	C	D	C	Z	D
I	L	E	H	S	O	P	B	Z	Y	C	W	Z	Y	Z	E
I	O	Y	C	W	M	Q	K	E	N	U	G	T	E	P	L
N	G	J	O	E	S	C	J	F	X	R	C	H	T	H	E
N	T	L	V	H	R	R	E	S	T	I	H	E	A	S	E
R	L	N	Z	H	X	E	I	L	V	T	Y	L	N	B	N
A	E	S	I	L	E	N	C	E	Y	Y	J	S	X	D	I

**ALLOW  
EASE  
EQUABLE  
REST  
SECURITY  
SOUL  
STILL  
TRUTH**

**CONTINUITY  
EMPATHY  
MENTALITY  
SCENT  
SILENCE  
STEADY  
TOUCH  
TRUTHFUL**

# Mindfulness Word Search

## Puzzle-Solution 448

E	L	W	U	S	S	N	G	W	K	P	T	H	G	P	A
H	H	F	N	C	C	O	N	T	I	N	U	I	T	Y	B
J	M	B	N	I	L	R	Y	I	M	H	J	H	B	B	R
R	Q	E	T	R	U	T	H	F	U	L	B	C	I	V	Q
E	W	E	N	T	R	U	T	H	U	E	S	I	Y	W	Y
F	Q	Q	K	T	F	J	O	S	F	U	R	C	C	L	C
J	S	U	T	A	A	G	M	V	T	Y	K	W	E	K	I
X	T	A	O	Z	G	L	L	X	H	E	V	R	B	N	I
R	I	B	U	V	B	U	I	T	T	S	A	U	M	S	T
B	L	L	C	P	O	S	A	T	W	E	C	D	C	Z	D
I	L	E	H	S	O	P	B	Z	Y	C	W	Z	Y	Z	E
I	O	Y	C	W	M	Q	K	E	N	U	G	T	E	P	L
N	G	J	O	E	S	C	J	F	X	R	C	H	T	H	E
N	T	L	V	H	R	R	E	S	T	I	H	E	A	S	E
R	L	N	Z	H	X	E	I	L	V	T	Y	L	N	B	N
A	E	S	I	L	E	N	C	E	Y	Y	J	S	X	D	I

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