

# Mindfulness Word Search

## Puzzle 451

Y	C	O	N	S	C	I	O	U	S	N	E	S	S	I	X
Z	S	I	E	W	P	I	K	W	I	S	D	O	M	C	D
D	S	O	N	E	I	B	J	J	V	N	Z	R	N	Y	T
E	V	B	C	T	S	G	M	J	D	Y	B	L	U	S	S
G	Q	A	N	W	R	A	A	H	W	Y	E	F	E	I	I
S	R	U	T	J	S	O	H	U	I	H	E	N	M	V	N
G	I	J	A	Q	U	Q	S	K	Z	F	O	I	W	S	C
V	S	C	G	N	O	W	W	P	I	H	M	A	O	U	E
I	L	Z	D	Y	I	M	V	L	E	V	J	L	R	P	R
G	O	K	B	D	V	M	L	O	W	C	V	L	W	P	E
I	W	Y	C	T	Z	D	I	J	S	M	T	O	W	O	O
L	C	O	M	P	O	S	E	T	T	T	N	W	I	R	A
A	X	N	S	Q	G	H	E	H	Y	F	I	G	Q	T	M
N	R	N	K	U	N	J	T	E	P	Q	P	L	L	P	S
T	K	A	X	M	T	R	E	S	T	F	U	L	L	R	C
H	S	I	G	H	T	Z	B	F	R	N	Z	X	X	F	F

**ALLOW  
CONSCIOUSNESS  
GRACE  
INTROSPECT  
RESTFUL  
SINCERE  
STILL  
VIGILANT**

**COMPOSE  
EQUANIMITY  
HONEST  
LIFE  
SIGHT  
SLOW  
SUPPORT  
WISDOM**

# Mindfulness Word Search

## Puzzle-Solution 451

Y	C	O	N	S	C	I	O	U	S	N	E	S	S	I	X
Z	S	I	E	W	P	I	K	W	I	S	D	O	M	C	D
D	S	O	N	E	I	B	J	J	V	N	Z	R	N	Y	T
E	V	B	C	T	S	G	M	J	D	Y	B	L	U	S	S
G	Q	A	N	W	R	A	A	H	W	Y	E	F	E	I	I
S	R	U	T	J	S	O	H	U	I	H	E	N	M	V	N
G	I	J	A	Q	U	Q	S	K	Z	F	O	I	W	S	C
V	S	C	G	N	O	W	W	P	I	H	M	A	O	U	E
I	L	Z	D	Y	I	M	V	L	E	V	J	L	R	P	R
G	O	K	B	D	V	M	L	O	W	C	V	L	W	P	E
I	W	Y	C	T	Z	D	I	J	S	M	T	O	W	O	O
L	C	O	M	P	O	S	E	T	T	T	N	W	I	R	A
A	X	N	S	Q	G	H	E	H	Y	F	I	G	Q	T	M
N	R	N	K	U	N	J	T	E	P	Q	P	L	L	P	S
T	K	A	X	M	T	R	E	S	T	F	U	L	L	R	C
H	S	I	G	H	T	Z	B	F	R	N	Z	X	X	F	F

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