

Mindfulness Word Search

Puzzle 466

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| I | Y | F | B | F | R | D | J | I | P | G | O | K | S | R | S |
| T | O | M | D | N | A | Y | P | S | T | E | A | D | Y | S | J |
| R | I | S | E | R | E | N | I | T | Y | S | V | J | E | N | H |
| R | M | I | N | D | F | U | L | N | E | S | S | N | O | E | A |
| C | J | T | S | H | F | N | M | K | Q | T | D | I | M | S | R |
| C | A | E | Q | U | A | B | L | E | J | N | T | R | B | M | M |
| N | O | L | T | T | L | U | O | P | I | A | U | C | U | M | O |
| N | Y | N | M | K | W | Z | S | K | S | A | W | B | V | L | N |
| R | V | U | T | N | O | P | E | N | Y | L | E | C | H | A | Y |
| Z | J | Z | M | I | E | U | E | W | X | L | L | O | Y | B | H |
| R | X | V | K | Z | N | S | M | C | L | O | L | M | W | O | T |
| P | E | V | Q | E | C | U | S | H | M | W | N | F | J | Z | Z |
| W | C | S | O | X | A | C | I | J | Q | B | E | O | W | I | L |
| F | C | E | T | G | W | S | S | T | K | U | S | R | X | C | D |
| W | Y | R | Y | T | K | R | E | K | Y | O | S | T | S | F | E |
| M | I | N | D | F | U | L | S | E | W | R | C | Z | H | X | H |

**ALLOW
COMFORT
EASE
HARMONY
MINDFUL
OPEN
SENSATION
STEADY**

**CALMNESS
CONTINUITY
EQUABLE
KINDNESS
MINDFULNESS
REST
SERENITY
WELLNESS**

Mindfulness Word Search

Puzzle-Solution 466

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|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| I | Y | F | B | F | R | D | J | I | P | G | O | K | S | R | S |
| T | O | M | D | N | A | Y | P | S | T | E | A | D | Y | S | J |
| R | I | S | E | R | E | N | I | T | Y | S | V | J | E | N | H |
| R | M | I | N | D | F | U | L | N | E | S | S | N | O | E | A |
| C | J | T | S | H | F | N | M | K | Q | T | D | I | M | S | R |
| C | A | E | Q | U | A | B | L | E | J | N | T | R | B | M | M |
| N | O | L | T | T | L | U | O | P | I | A | U | C | U | M | O |
| N | Y | N | M | K | W | Z | S | K | S | A | W | B | V | L | N |
| R | V | U | T | N | O | P | E | N | Y | L | E | C | H | A | Y |
| Z | J | Z | M | I | E | U | E | W | X | L | L | O | Y | B | H |
| R | X | V | K | Z | N | S | M | C | L | O | L | M | W | O | T |
| P | E | V | Q | E | C | U | S | H | M | W | N | F | J | Z | Z |
| W | C | S | O | X | A | C | I | J | Q | B | E | O | W | I | L |
| F | C | E | T | G | W | S | S | T | K | U | S | R | X | C | D |
| W | Y | R | Y | T | K | R | E | K | Y | O | S | T | S | F | E |
| M | I | N | D | F | U | L | S | E | W | R | C | Z | H | X | H |

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