

Mindfulness Word Search

Puzzle 468

I	M	S	R	T	P	E	Z	P	T	D	Q	I	V	O	N
E	B	Z	V	Y	O	U	Q	T	R	C	L	I	Z	P	C
F	I	P	Q	Z	L	L	R	U	X	E	B	B	R	E	P
I	B	A	K	D	P	C	E	P	A	P	S	H	N	N	S
E	T	T	S	H	W	D	L	R	O	N	W	E	L	L	V
F	S	I	E	O	G	T	Z	Q	A	S	I	H	N	F	Y
R	L	E	N	M	T	R	P	V	X	N	E	M	K	C	L
B	B	N	S	E	Y	I	M	I	N	D	C	J	I	U	E
A	R	C	I	S	U	P	P	O	R	T	X	E	F	T	O
L	O	E	T	L	R	B	W	D	S	H	M	D	X	P	Y
A	J	C	I	D	X	O	A	B	T	Q	N	X	V	Q	O
N	F	G	V	L	Z	D	L	M	T	I	P	S	I	W	C
C	Z	Y	I	O	L	Y	R	R	M	V	J	P	W	B	S
E	B	M	T	T	E	A	E	C	V	J	V	K	T	T	Z
K	L	R	Y	K	W	L	B	E	L	L	V	A	R	P	B
F	N	S	C	P	A	F	A	L	I	G	N	M	E	N	T

**ALERT
BALANCE
EQUANIMITY
MIND
OPEN
PRESENCE
SENSITIVITY
TOLERANCE**

**ALIGNMENT
BODY
HOME
MINDFUL
PATIENCE
PURPOSE
SUPPORT
WARMTH**

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Puzzle-Solution 468

I	M	S	R	T	P	E	Z	P	T	D	Q	I	V	O	N
E	B	Z	V	Y	O	U	Q	T	R	C	L	I	Z	P	C
F	I	P	Q	Z	L	L	R	U	X	E	B	B	R	E	P
I	B	A	K	D	P	C	E	P	A	P	S	H	N	N	S
E	T	T	S	H	W	D	L	R	O	N	W	E	L	L	V
F	S	I	E	O	G	T	Z	Q	A	S	I	H	N	F	Y
R	L	E	N	M	T	R	P	V	X	N	E	M	K	C	L
B	B	N	S	E	Y	I	M	I	N	D	C	J	I	U	E
A	R	C	I	S	U	P	P	O	R	T	X	E	F	T	O
L	O	E	T	L	R	B	W	D	S	H	M	D	X	P	Y
A	J	C	I	D	X	O	A	B	T	Q	N	X	V	Q	O
N	F	G	V	L	Z	D	L	M	T	I	P	S	I	W	C
C	Z	Y	I	O	L	Y	R	R	M	V	J	P	W	B	S
E	B	M	T	T	E	A	E	C	V	J	V	K	T	T	Z
K	L	R	Y	K	W	L	B	E	L	L	V	A	R	P	B
F	N	S	C	P	A	F	A	L	I	G	N	M	E	N	T

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