

Mindfulness Word Search

Puzzle 471

W	C	V	S	S	F	E	F	F	O	R	T	L	E	S	S
Q	R	O	B	O	L	E	I	E	Y	K	W	V	O	M	Z
T	E	T	N	L	F	O	Q	T	T	X	C	N	B	G	Z
O	A	Z	C	T	C	T	E	P	W	H	H	F	S	I	D
E	N	U	A	H	E	F	Z	X	E	Y	D	N	E	Y	M
V	C	D	L	Z	A	M	Y	P	R	J	O	Z	R	I	W
O	H	G	I	S	N	U	P	B	P	I	X	Z	V	P	P
W	O	R	B	U	V	M	Z	L	T	R	C	V	E	F	E
S	R	A	R	M	T	M	E	N	A	D	I	C	N	H	G
J	U	C	A	V	Z	T	E	N	W	T	I	S	T	Z	C
O	S	E	T	M	N	T	T	J	T	T	I	O	O	T	A
W	N	F	E	M	N	E	C	B	O	A	O	O	A	C	L
H	D	U	E	I	I	Z	R	N	N	S	L	O	N	Q	M
I	T	L	R	U	F	X	M	E	N	T	A	L	I	T	Y
A	T	Y	Q	Y	B	B	G	C	H	E	A	R	T	P	M
G	T	C	X	K	O	N	Z	X	J	G	R	H	U	X	I

**ANCHOR
CALM
EFFORTLESS
HEART
MENTAL
NOTICE
QUIET
SOFT**

**CALIBRATE
CONTEMPLATION
GRACEFUL
INTENTION
MENTALITY
OBSERVE
SAFETY
SOOTHE**

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Puzzle-Solution 471

W	C	V	S	S	F	E	F	F	O	R	T	L	E	S	S
Q	R	O	B	O	L	E	I	E	Y	K	W	V	O	M	Z
T	E	T	N	L	F	O	Q	T	T	X	C	N	B	G	Z
O	A	Z	C	T	C	T	E	P	W	H	H	F	S	I	D
E	N	U	A	H	E	F	Z	X	E	Y	D	N	E	Y	M
V	C	D	L	Z	A	M	Y	P	R	J	O	Z	R	I	W
O	H	G	I	S	N	U	P	B	P	I	X	Z	V	P	P
W	O	R	B	U	V	M	Z	L	T	R	C	V	E	F	E
S	R	A	R	M	T	M	E	N	A	D	I	C	N	H	G
J	U	C	A	V	Z	T	E	N	W	T	I	S	T	Z	C
O	S	E	T	M	N	T	T	J	T	T	I	O	O	T	A
W	N	F	E	M	N	E	C	B	O	A	O	O	A	C	L
H	D	U	E	I	I	Z	R	N	N	S	L	O	N	Q	M
I	T	L	R	U	F	X	M	E	N	T	A	L	I	T	Y
A	T	Y	Q	Y	B	B	G	C	H	E	A	R	T	P	M
G	T	C	X	K	O	N	Z	X	J	G	R	H	U	X	I

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