

Mindfulness Word Search

Puzzle 477

R	V	T	R	A	N	Q	U	I	L	I	T	Y	R	V	D
F	A	W	A	R	E	N	E	S	S	Q	T	E	C	Q	N
Y	Z	T	M	N	T	R	B	T	K	G	Q	G	S	G	M
Z	S	T	E	A	D	Y	P	Y	X	L	C	J	S	M	E
D	A	A	N	J	R	E	I	G	C	P	K	F	E	N	Q
I	W	N	Z	O	C	X	M	L	A	B	Z	G	N	J	U
N	T	H	V	C	A	L	M	N	E	S	S	B	S	C	A
T	I	H	A	Y	X	Z	Q	G	S	G	H	B	E	W	N
R	C	M	R	I	X	J	S	U	B	C	H	J	O	F	I
O	V	I	K	N	A	S	N	T	I	T	O	L	B	V	M
S	Y	N	M	L	E	Y	U	V	U	E	L	Z	W	U	I
P	T	D	P	L	J	E	R	R	Q	A	T	G	Y	V	T
E	U	X	E	B	I	Z	T	C	A	V	O	U	X	Q	Y
C	M	M	G	R	K	L	U	G	A	M	N	K	D	L	M
T	I	T	B	E	P	A	R	N	L	U	H	I	O	E	H
T	P	S	E	T	T	L	E	M	E	N	T	E	O	V	B

**ACCEPT
AWARENESS
COZY
INTROSPECT
NURTURE
SENSE
STEADY
TRANQUILITY**

**ALLOW
CALMNESS
EQUANIMITY
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QUIETUDE
SETTLEMENT
TIMELESS
TRUTH**

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Puzzle-Solution 477

R	V	T	R	A	N	Q	U	I	L	I	T	Y	R	V	D
F	A	W	A	R	E	N	E	S	S	Q	T	E	C	Q	N
Y	Z	T	M	N	T	R	B	T	K	G	Q	G	S	G	M
Z	S	T	E	A	D	Y	P	Y	X	L	C	J	S	M	E
D	A	A	N	J	R	E	I	G	C	P	K	F	E	N	Q
I	W	N	Z	O	C	X	M	L	A	B	Z	G	N	J	U
N	T	H	V	C	A	L	M	N	E	S	S	B	S	C	A
T	I	H	A	Y	X	Z	Q	G	S	G	H	B	E	W	N
R	C	M	R	I	X	J	S	U	B	C	H	J	O	F	I
O	V	I	K	N	A	S	N	T	I	T	O	L	B	V	M
S	Y	N	M	L	E	Y	U	V	U	E	L	Z	W	U	I
P	T	D	P	L	J	E	R	R	Q	A	T	G	Y	V	T
E	U	X	E	B	I	Z	T	C	A	V	O	U	X	Q	Y
C	M	M	G	R	K	L	U	G	A	M	N	K	D	L	M
T	I	T	B	E	P	A	R	N	L	U	H	I	O	E	H
T	P	S	E	T	T	L	E	M	E	N	T	E	O	V	B

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