

Mindfulness Word Search

Puzzle 497

X	V	C	W	G	Y	L	C	A	L	I	B	R	A	T	E
Q	P	A	U	S	E	F	A	G	G	J	J	U	C	I	T
Y	Q	S	V	E	Q	U	A	N	I	M	I	T	Y	L	R
F	L	C	O	F	C	T	U	C	C	Q	S	H	Q	S	E
A	C	C	E	P	T	A	N	C	E	H	P	J	Q	O	C
I	S	T	F	Q	Z	A	W	N	A	F	O	Y	W	U	E
H	T	V	L	Q	W	L	C	E	P	C	T	R	N	N	P
S	E	Z	O	L	T	I	O	O	N	I	E	O	X	D	T
X	J	A	W	U	G	G	E	P	V	N	I	X	G	H	I
R	K	D	L	T	O	N	E	I	E	T	G	P	F	M	V
E	U	A	X	T	V	Z	T	R	A	B	E	E	U	A	E
L	Q	N	V	X	H	P	E	S	P	E	A	C	E	P	A
A	J	F	O	A	E	S	N	B	S	W	B	R	R	C	H
X	V	J	C	C	X	E	N	G	R	O	Y	W	P	R	F
T	A	R	E	Y	S	P	S	B	G	N	U	F	K	J	I
R	N	R	U	X	B	S	Z	F	P	C	H	L	G	K	L

**ACCEPTANCE
ANCHOR
EQUANIMITY
HEALTH
PEACE
RECEPTIVITY
SENSATION
SOUL**

**ALIGN
CALIBRATE
FLOW
PAUSE
RECEPTIVE
RELAX
SERENE
SOUND**

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Puzzle-Solution 497

X	V	C	W	G	Y	L	C	A	L	I	B	R	A	T	E
Q	P	A	U	S	E	F	A	G	G	J	J	U	C	I	T
Y	Q	S	V	E	Q	U	A	N	I	M	I	T	Y	L	R
F	L	C	O	F	C	T	U	C	C	Q	S	H	Q	S	E
A	C	C	E	P	T	A	N	C	E	H	P	J	Q	O	C
I	S	T	F	Q	Z	A	W	N	A	F	O	Y	W	U	E
H	T	V	L	Q	W	L	C	E	P	C	T	R	N	N	P
S	E	Z	O	L	T	I	O	O	N	I	E	O	X	D	T
X	J	A	W	U	G	G	E	P	V	N	I	X	G	H	I
R	K	D	L	T	O	N	E	I	E	T	G	P	F	M	V
E	U	A	X	T	V	Z	T	R	A	B	E	E	U	A	E
L	Q	N	V	X	H	P	E	S	P	E	A	C	E	P	A
A	J	F	O	A	E	S	N	B	S	W	B	R	R	C	H
X	V	J	C	C	X	E	N	G	R	O	Y	W	P	R	F
T	A	R	E	Y	S	P	S	B	G	N	U	F	K	J	I
R	N	R	U	X	B	S	Z	F	P	C	H	L	G	K	L

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