

Mindfulness Word Search

Puzzle 499

R	D	B	R	A	L	L	O	W	A	N	C	E	T	D	G
U	H	P	R	P	L	D	M	H	Q	Y	H	P	F	E	Y
O	F	E	E	E	C	C	Q	E	Q	E	S	L	Y	W	W
Z	A	Q	Q	B	A	O	B	R	O	M	X	M	N	L	F
M	L	U	U	J	O	T	N	E	K	S	O	U	N	D	W
I	J	A	A	A	E	C	H	T	E	A	D	X	Y	O	L
N	G	N	B	X	Z	R	P	O	I	Z	Z	Y	L	U	J
D	B	I	L	V	I	G	I	L	A	N	T	S	F	V	O
F	S	M	E	D	H	M	R	F	K	M	U	E	X	I	X
U	O	I	K	W	Z	B	G	N	B	V	C	I	M	V	Y
L	O	T	R	U	T	H	F	U	L	A	B	L	T	T	T
N	T	Y	I	A	R	X	R	D	E	W	Z	I	I	Y	W
E	H	G	R	V	K	A	C	P	O	E	P	N	A	U	A
S	E	X	X	X	C	F	G	V	Y	H	U	B	W	T	X
S	Q	W	M	E	F	F	O	R	T	L	E	S	S	Z	S
N	D	K	U	B	H	J	R	E	S	T	F	U	L	L	T

**ALLOWANCE
CONTINUITY
EQUABLE
HERE
PEACEFUL
SLOW
SOUND
UNITY**

**BREATH
EFFORTLESS
EQUANIMITY
MINDFULNESS
RESTFUL
SOOTHE
TRUTHFUL
VIGILANT**

Mindfulness Word Search

Puzzle-Solution 499

R	D	B	R	A	L	L	O	W	A	N	C	E	T	D	G
U	H	P	R	P	L	D	M	H	Q	Y	H	P	F	E	Y
O	F	E	E	E	C	C	Q	E	Q	E	S	L	Y	W	W
Z	A	Q	Q	B	A	O	B	R	O	M	X	M	N	L	F
M	L	U	U	J	O	T	N	E	K	S	O	U	N	D	W
I	J	A	A	A	E	C	H	T	E	A	D	X	Y	O	L
N	G	N	B	X	Z	R	P	O	I	Z	Z	Y	L	U	J
D	B	I	L	V	I	G	I	L	A	N	T	S	F	V	O
F	S	M	E	D	H	M	R	F	K	M	U	E	X	I	X
U	O	I	K	W	Z	B	G	N	B	V	C	I	M	V	Y
L	O	T	R	U	T	H	F	U	L	A	B	L	T	T	T
N	T	Y	I	A	R	X	R	D	E	W	Z	I	I	Y	W
E	H	G	R	V	K	A	C	P	O	E	P	N	A	U	A
S	E	X	X	X	C	F	G	V	Y	H	U	B	W	T	X
S	Q	W	M	E	F	F	O	R	T	L	E	S	S	Z	S
N	D	K	U	B	H	J	R	E	S	T	F	U	L	L	T

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