

Mindfulness Word Search

Puzzle 502

A	L	E	R	T	W	Y	Q	N	T	O	J	Z	D	S	D
H	E	A	L	T	H	K	I	O	R	O	V	U	N	N	E
S	E	N	S	E	I	R	M	T	S	Q	I	B	V	D	P
M	W	Q	D	S	K	X	I	I	X	G	O	S	N	L	R
S	I	L	E	N	C	E	N	C	T	W	R	U	I	P	E
M	A	S	B	A	Z	G	D	E	D	Q	O	S	Q	Q	S
X	U	J	U	P	B	A	F	T	G	R	E	E	E	U	E
S	C	C	A	P	I	Q	U	S	G	D	R	A	A	I	N
O	A	V	A	T	P	U	L	I	O	U	W	S	S	E	T
P	I	P	U	L	D	O	X	L	S	F	R	W	E	T	T
S	O	U	N	D	M	K	R	O	D	D	T	M	P	L	Q
V	C	Z	F	T	M	N	P	T	T	H	P	N	Q	U	J
L	I	T	M	S	P	M	E	O	V	D	K	A	E	Y	K
Q	U	W	E	V	O	P	U	S	D	Z	U	G	O	S	S
B	C	J	Y	C	C	O	N	B	S	B	E	G	R	G	S
E	P	H	Q	M	Q	W	Q	W	I	N	S	I	G	H	T

**ALERT
COMPOSURE
GROUND
INSIGHT
NOTICE
QUIET
SILENCE
SOUND**

**CALMNESS
EASE
HEALTH
MINDFUL
PRESENT
SENSE
SOFTNESS
SUPPORT**

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Puzzle-Solution 502

A	L	E	R	T	W	Y	Q	N	T	O	J	Z	D	S	D
H	E	A	L	T	H	K	I	O	R	O	V	U	N	N	E
S	E	N	S	E	I	R	M	T	S	Q	I	B	V	D	P
M	W	Q	D	S	K	X	I	I	X	G	O	S	N	L	R
S	I	L	E	N	C	E	N	C	T	W	R	U	I	P	E
M	A	S	B	A	Z	G	D	E	D	Q	O	S	Q	Q	S
X	U	J	U	P	B	A	F	T	G	R	E	E	E	U	E
S	C	C	A	P	I	Q	U	S	G	D	R	A	A	I	N
O	A	V	A	T	P	U	L	I	O	U	W	S	S	E	T
P	I	P	U	L	D	O	X	L	S	F	R	W	E	T	T
S	O	U	N	D	M	K	R	O	D	D	T	M	P	L	Q
V	C	Z	F	T	M	N	P	T	T	H	P	N	Q	U	J
L	I	T	M	S	P	M	E	O	V	D	K	A	E	Y	K
Q	U	W	E	V	O	P	U	S	D	Z	U	G	O	S	S
B	C	J	Y	C	C	O	N	B	S	B	E	G	R	G	S
E	P	H	Q	M	Q	W	Q	W	I	N	S	I	G	H	T

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