

# Mindfulness Word Search

## Puzzle 510

K	S	X	A	E	H	T	C	A	L	M	N	E	S	S	M
T	Q	T	E	Q	B	S	T	A	B	I	L	I	T	Y	E
Y	B	D	E	V	P	N	L	O	O	S	S	D	M	Y	N
Q	U	E	K	A	J	A	J	X	C	F	W	K	N	W	T
R	W	E	M	O	D	K	U	X	E	F	I	O	B	L	A
E	Z	S	X	P	E	Y	F	S	G	P	M	N	N	L	L
S	L	I	P	G	J	Q	Q	P	E	R	K	O	U	N	I
T	L	L	U	F	L	I	F	E	A	Q	I	H	E	D	T
O	F	E	F	S	Q	B	A	H	E	T	S	C	N	T	Y
R	B	N	Q	L	R	I	T	B	I	L	W	A	I	S	V
A	B	C	H	T	I	A	T	U	O	H	F	R	Z	Z	I
T	T	E	Y	Y	E	P	T	M	Q	D	I	E	J	R	F
I	Z	H	O	R	P	N	L	C	L	U	Y	M	I	K	N
V	I	J	B	Q	I	A	O	S	E	R	E	N	I	T	Y
E	M	D	P	I	C	J	A	X	Y	W	N	V	G	V	F
K	W	H	L	H	E	R	E	O	U	M	Z	X	E	X	Q

**BODY  
CALM  
CARE  
HERE  
LIFE  
PAUSE  
SERENITY  
STABILITY**

**BREATH  
CALMNESS  
HARMONY  
INTUITION  
MENTALITY  
RESTORATIVE  
SILENCE  
STEADY**

# Mindfulness Word Search

## Puzzle-Solution 510

K	S	X	A	E	H	T	C	A	L	M	N	E	S	S	M
T	Q	T	E	Q	B	S	T	A	B	I	L	I	T	Y	E
Y	B	D	E	V	P	N	L	O	O	S	S	D	M	Y	N
Q	U	E	K	A	J	A	J	X	C	F	W	K	N	W	T
R	W	E	M	O	D	K	U	X	E	F	I	O	B	L	A
E	Z	S	X	P	E	Y	F	S	G	P	M	N	N	L	L
S	L	I	P	G	J	Q	Q	P	E	R	K	O	U	N	I
T	L	L	U	F	L	I	F	E	A	Q	I	H	E	D	T
O	F	E	F	S	Q	B	A	H	E	T	S	C	N	T	Y
R	B	N	Q	L	R	I	T	B	I	L	W	A	I	S	V
A	B	C	H	T	I	A	T	U	O	H	F	R	Z	Z	I
T	T	E	Y	Y	E	P	T	M	Q	D	I	E	J	R	F
I	Z	H	O	R	P	N	L	C	L	U	Y	M	I	K	N
V	I	J	B	Q	I	A	O	S	E	R	E	N	I	T	Y
E	M	D	P	I	C	J	A	X	Y	W	N	V	G	V	F
K	W	H	L	H	E	R	E	O	U	M	Z	X	E	X	Q

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