

Mindfulness Word Search

Puzzle 515

X	C	O	M	F	O	R	T	X	F	V	G	T	D	A	J
L	G	C	F	S	J	N	S	M	F	P	B	Z	C	Y	H
I	N	T	R	O	S	P	E	C	T	U	W	B	D	A	C
W	J	U	P	E	R	C	E	P	T	I	O	N	R	S	M
C	E	G	P	U	X	A	L	O	N	T	V	J	E	U	W
O	Q	J	O	R	I	Q	G	K	E	V	E	D	I	V	L
N	U	I	R	O	E	A	V	W	Q	H	Y	E	B	I	C
T	A	F	W	W	S	S	O	B	S	G	N	I	U	I	Z
I	N	I	H	X	K	L	E	T	T	I	A	Q	A	E	J
N	I	H	O	O	S	I	H	N	U	A	N	Y	I	A	V
U	M	N	O	V	N	S	N	N	T	A	F	E	N	T	P
I	I	O	C	V	W	E	E	D	R	Q	L	W	T	M	L
T	T	W	R	J	L	G	S	T	N	A	O	X	E	M	R
Y	Y	W	Y	B	G	E	N	T	L	E	W	Z	N	I	Y
T	A	S	T	E	Z	Q	Z	B	V	J	S	I	T	T	T
P	A	L	A	S	T	O	C	K	T	E	G	S	B	W	Y

**COMFORT
EQUANIMITY
GENTLE
HONEST
INTROSPECT
NOW
PRESENT
TASTE**

**CONTINUITY
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PERCEPTION
SLOW
TRANQUIL**

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Puzzle-Solution 515

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I	N	T	R	O	S	P	E	C	T	U	W	B	D	A	C
W	J	U	P	E	R	C	E	P	T	I	O	N	R	S	M
C	E	G	P	U	X	A	L	O	N	T	V	J	E	U	W
O	Q	J	O	R	I	Q	G	K	E	V	E	D	I	V	L
N	U	I	R	O	E	A	V	W	Q	H	Y	E	B	I	C
T	A	F	W	W	S	S	O	B	S	G	N	I	U	I	Z
I	N	I	H	X	K	L	E	T	T	I	A	Q	A	E	J
N	I	H	O	O	S	I	H	N	U	A	N	Y	I	A	V
U	M	N	O	V	N	S	N	N	T	A	F	E	N	T	P
I	I	O	C	V	W	E	E	D	R	Q	L	W	T	M	L
T	T	W	R	J	L	G	S	T	N	A	O	X	E	M	R
Y	Y	W	Y	B	G	E	N	T	L	E	W	Z	N	I	Y
T	A	S	T	E	Z	Q	Z	B	V	J	S	I	T	T	T
P	A	L	A	S	T	O	C	K	T	E	G	S	B	W	Y

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