

# Mindfulness Word Search

## Puzzle 521

Y	G	R	M	L	Z	E	V	F	X	V	S	L	G	E	K
L	P	L	S	E	T	T	L	E	J	S	J	O	N	Z	C
G	A	T	C	C	J	D	I	M	E	O	G	Q	Z	J	S
C	U	P	A	H	O	O	U	N	S	C	W	C	B	S	T
W	S	U	D	C	C	M	L	F	L	P	G	E	E	B	I
A	E	R	E	B	S	U	P	U	F	A	V	S	Q	R	L
C	K	I	Z	F	F	U	F	O	Z	U	G	O	U	O	L
C	P	T	D	D	F	T	P	Z	S	A	K	F	A	M	Y
E	B	Y	N	G	S	O	U	P	B	U	F	T	B	M	F
P	K	I	U	E	F	Z	R	M	O	R	R	N	L	J	A
T	M	Z	R	O	U	D	L	T	L	R	T	E	E	O	V
X	P	C	O	N	T	E	M	P	L	A	T	I	O	N	V
E	Y	K	Z	F	L	I	F	E	Q	E	B	T	M	N	T
H	N	E	U	B	T	Z	L	X	T	N	S	E	G	U	R
I	U	R	B	A	L	A	N	C	E	C	D	S	Q	H	V
D	R	V	Z	U	K	A	Z	G	N	S	I	P	Y	H	P

**ACCEPT  
CALM  
CONTEMPLATION  
EQUABLE  
MINDFULNESS  
PURITY  
SETTLE  
STILL**

**BALANCE  
COMPOSURE  
EFFORTLESS  
LIFE  
PAUSE  
RESTFUL  
SOFT  
SUPPORT**

# Mindfulness Word Search

## Puzzle-Solution 521

Y	G	R	M	L	Z	E	V	F	X	V	S	L	G	E	K
L	P	L	S	E	T	T	L	E	J	S	J	O	N	Z	C
G	A	T	C	C	J	D	I	M	E	O	G	Q	Z	J	S
C	U	P	A	H	O	O	U	N	S	C	W	C	B	S	T
W	S	U	D	C	C	M	L	F	L	P	G	E	E	B	I
A	E	R	E	B	S	U	P	U	F	A	V	S	Q	R	L
C	K	I	Z	F	F	U	F	O	Z	U	G	O	U	O	L
C	P	T	D	D	F	T	P	Z	S	A	K	F	A	M	Y
E	B	Y	N	G	S	O	U	P	B	U	F	T	B	M	F
P	K	I	U	E	F	Z	R	M	O	R	R	N	L	J	A
T	M	Z	R	O	U	D	L	T	L	R	T	E	E	O	V
X	P	C	O	N	T	E	M	P	L	A	T	I	O	N	V
E	Y	K	Z	F	L	I	F	E	Q	E	B	T	M	N	T
H	N	E	U	B	T	Z	L	X	T	N	S	E	G	U	R
I	U	R	B	A	L	A	N	C	E	C	D	S	Q	H	V
D	R	V	Z	U	K	A	Z	G	N	S	I	P	Y	H	P

**ACCEPT**  
**CALM**  
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