

Mindfulness Word Search

Puzzle 523

Y	B	P	Q	U	E	R	Q	Z	E	O	F	I	R	A	Q
F	M	H	H	C	H	P	B	T	W	L	A	L	E	R	T
T	N	Q	I	E	I	V	A	O	J	H	G	R	B	B	T
Z	V	T	B	M	R	R	I	N	T	E	N	T	I	O	N
S	O	Z	U	L	B	E	M	W	E	M	D	T	Q	C	S
N	T	N	L	I	A	P	C	E	Q	E	Y	R	K	O	V
Q	K	I	L	C	W	E	U	Q	U	N	S	A	M	N	B
A	T	A	L	O	M	L	Q	U	A	T	I	N	G	T	F
S	C	X	W	L	O	P	V	A	N	A	C	Q	P	I	M
W	W	U	B	H	N	O	P	B	I	L	A	U	E	N	C
F	K	B	K	X	E	E	W	L	M	I	L	I	S	U	M
A	I	M	D	C	W	T	S	E	I	T	I	L	D	I	I
L	L	E	A	I	A	C	U	S	T	Y	G	O	S	T	R
H	U	R	S	E	U	A	G	N	Y	K	N	G	A	Y	I
T	G	G	E	F	Y	K	V	T	S	I	L	E	N	C	E
J	H	X	U	M	T	J	T	O	P	E	N	N	E	S	S

**ALERT
CALIBRATE
EQUABLE
GRACE
INTENTION
NOTICE
SILENCE
STILLNESS**

**ALIGN
CONTINUITY
EQUANIMITY
HERE
MENTALITY
OPENNESS
STILL
TRANQUIL**

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Puzzle-Solution 523

Y	B	P	Q	U	E	R	Q	Z	E	O	F	I	R	A	Q
F	M	H	H	C	H	P	B	T	W	L	A	L	E	R	T
T	N	Q	I	E	I	V	A	O	J	H	G	R	B	B	T
Z	V	T	B	M	R	R	I	N	T	E	N	T	I	O	N
S	O	Z	U	L	B	E	M	W	E	M	D	T	Q	C	S
N	T	N	L	I	A	P	C	E	Q	E	Y	R	K	O	V
Q	K	I	L	C	W	E	U	Q	U	N	S	A	M	N	B
A	T	A	L	O	M	L	Q	U	A	T	I	N	G	T	F
S	C	X	W	L	O	P	V	A	N	A	C	Q	P	I	M
W	W	U	B	H	N	O	P	B	I	L	A	U	E	N	C
F	K	B	K	X	E	E	W	L	M	I	L	I	S	U	M
A	I	M	D	C	W	T	S	E	I	T	I	L	D	I	I
L	L	E	A	I	A	C	U	S	T	Y	G	O	S	T	R
H	U	R	S	E	U	A	G	N	Y	K	N	G	A	Y	I
T	G	G	E	F	Y	K	V	T	S	I	L	E	N	C	E
J	H	X	U	M	T	J	T	O	P	E	N	N	E	S	S

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