

# Mindfulness Word Search

## Puzzle 525

B	S	S	J	Q	S	T	L	Y	B	Y	Q	G	V	T	Y
P	A	U	S	E	K	U	T	H	A	V	E	N	H	J	B
L	K	A	W	K	F	R	N	K	J	N	N	F	Z	W	S
U	O	V	L	E	O	Q	N	E	L	Y	E	Q	N	A	I
M	R	U	C	P	E	S	T	Y	O	O	W	R	B	L	N
O	O	A	P	B	T	A	I	R	T	P	I	C	V	E	T
S	E	U	I	D	R	G	T	M	J	E	I	G	J	R	R
P	S	Y	U	B	L	X	E	O	P	N	R	N	E	T	O
L	I	H	I	T	W	S	Z	N	L	L	Y	S	X	S	S
K	G	L	T	V	P	E	B	M	T	E	I	F	V	U	P
M	A	S	H	H	R	N	H	E	G	L	R	C	T	M	E
C	G	M	L	A	O	S	Y	T	A	N	E	A	I	X	C
S	C	E	N	T	K	O	S	T	G	S	C	N	N	T	T
W	S	D	C	Z	R	R	T	I	J	K	E	O	E	C	Y
Y	G	X	N	H	S	Y	L	A	A	X	M	G	S	S	E
B	X	D	L	M	F	A	O	S	X	K	E	T	S	T	S

**ALERT  
CALIBRATE  
GENTLENESS  
INTROSPECT  
PAUSE  
SCENT  
SIMPLICITY  
SUPPORT**

**ALIGN  
EASE  
HAVEN  
OPEN  
PEACEFUL  
SENSORY  
SOUL  
TOLERANCE**

# Mindfulness Word Search

## Puzzle-Solution 525

B	S	S	J	Q	S	T	L	Y	B	Y	Q	G	V	T	Y
P	A	U	S	E	K	U	T	H	A	V	E	N	H	J	B
L	K	A	W	K	F	R	N	K	J	N	N	F	Z	W	S
U	O	V	L	E	O	Q	N	E	L	Y	E	Q	N	A	I
M	R	U	C	P	E	S	T	Y	O	O	W	R	B	L	N
O	O	A	P	B	T	A	I	R	T	P	I	C	V	E	T
S	E	U	I	D	R	G	T	M	J	E	I	G	J	R	R
P	S	Y	U	B	L	X	E	O	P	N	R	N	E	T	O
L	I	H	I	T	W	S	Z	N	L	L	Y	S	X	S	S
K	G	L	T	V	P	E	B	M	T	E	I	F	V	U	P
M	A	S	H	H	R	N	H	E	G	L	R	C	T	M	E
C	G	M	L	A	O	S	Y	T	A	N	E	A	I	X	C
S	C	E	N	T	K	O	S	T	G	S	C	N	N	T	T
W	S	D	C	Z	R	R	T	I	J	K	E	O	E	C	Y
Y	G	X	N	H	S	Y	L	A	A	X	M	G	S	S	E
B	X	D	L	M	F	A	O	S	X	K	E	T	S	T	S

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