

Mindfulness Word Search

Puzzle 539

P	M	G	R	O	U	N	D	H	V	F	S	C	R	O	W
X	I	Y	Z	W	C	D	K	R	H	S	O	O	T	H	E
O	N	C	C	D	O	N	Q	H	X	I	E	F	Y	J	Y
P	D	A	D	M	Q	O	D	X	Z	S	B	J	F	N	Z
E	F	L	L	L	Q	T	I	C	O	M	P	D	D	W	Y
N	U	M	L	I	O	I	Q	S	U	W	G	T	O	Q	E
N	L	N	H	R	U	C	S	E	X	B	X	R	M	D	N
E	D	E	E	Z	A	E	C	O	M	P	O	S	U	R	E
S	V	S	F	Z	N	T	S	S	I	R	Q	T	R	E	O
S	M	S	S	E	F	F	O	R	T	L	E	S	S	L	B
K	V	L	L	P	X	Z	W	Q	H	I	D	Q	Z	A	E
I	W	O	R	J	I	Z	I	T	U	G	I	A	Q	X	K
M	H	V	F	M	P	R	A	Q	U	N	I	T	Y	Y	K
W	I	P	K	G	B	E	I	D	O	S	C	Z	V	R	R
O	Z	N	L	T	R	O	P	T	D	O	Q	D	X	W	X
F	G	O	D	B	M	E	N	T	A	L	R	V	T	A	Y

**BREATH
COMPOSURE
GROUND
MIND
NOTICE
QUIETUDE
SOOTHE
UNITY**

**CALMNESS
EFFORTLESS
MENTAL
MINDFUL
OPENNESS
RELAX
SPIRIT
WHOLENESS**

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Puzzle-Solution 539

P	M	G	R	O	U	N	D	H	V	F	S	C	R	O	W
X	I	Y	Z	W	C	D	K	R	H	S	O	O	T	H	E
O	N	C	C	D	O	N	Q	H	X	I	E	F	Y	J	Y
P	D	A	D	M	Q	O	D	X	Z	S	B	J	F	N	Z
E	F	L	L	L	Q	T	I	C	O	M	P	D	D	W	Y
N	U	M	L	I	O	I	Q	S	U	W	G	T	O	Q	E
N	L	N	H	R	U	C	S	E	X	B	X	R	M	D	N
E	D	E	E	Z	A	E	C	O	M	P	O	S	U	R	E
S	V	S	F	Z	N	T	S	S	I	R	Q	T	R	E	O
S	M	S	S	E	F	F	O	R	T	L	E	S	S	L	B
K	V	L	L	P	X	Z	W	Q	H	I	D	Q	Z	A	E
I	W	O	R	J	I	Z	I	T	U	G	I	A	Q	X	K
M	H	V	F	M	P	R	A	Q	U	N	I	T	Y	Y	K
W	I	P	K	G	B	E	I	D	O	S	C	Z	V	R	R
O	Z	N	L	T	R	O	P	T	D	O	Q	D	X	W	X
F	G	O	D	B	M	E	N	T	A	L	R	V	T	A	Y

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