

# Mindfulness Word Search

## Puzzle 549

L	I	O	N	P	R	U	Z	K	L	U	Y	R	H	D	E
Y	S	N	S	V	Q	E	F	E	M	P	H	B	H	C	Q
P	I	V	S	Q	N	X	S	H	E	R	E	T	T	E	N
I	P	N	R	I	R	A	T	T	G	P	A	P	L	M	T
C	Z	W	X	N	G	Y	H	P	O	E	E	B	C	N	P
Y	B	O	F	N	H	H	H	Z	R	R	A	A	T	H	A
S	L	O	W	R	K	K	T	B	S	U	A	L	S	M	U
P	U	O	Y	A	M	J	M	Q	Q	E	Q	T	L	E	S
E	V	N	G	E	N	T	L	E	N	E	S	S	I	F	E
A	P	X	X	B	X	S	R	S	N	E	F	O	Q	V	X
C	P	L	Z	A	H	M	C	P	S	T	G	W	F	A	E
E	R	E	F	L	E	C	T	I	O	N	A	U	Z	R	U
V	H	S	C	I	B	X	U	R	O	Q	B	L	X	E	S
T	I	M	E	L	E	S	S	I	T	S	Z	C	I	I	W
A	M	W	U	M	D	O	U	T	I	P	S	Z	P	T	H
Z	T	C	O	N	C	E	N	T	R	A	T	E	F	G	Y

**BREATH  
EASE  
GENTLENESS  
INSIGHT  
PAUSE  
REFLECTION  
RHYTHM  
SPIRIT**

**CONCENTRATE  
EQUABLE  
HERE  
MENTALITY  
PEACE  
RESTORATIVE  
SLOW  
TIMELESS**

# Mindfulness Word Search

## Puzzle-Solution 549

L	I	O	N	P	R	U	Z	K	L	U	Y	R	H	D	E
Y	S	N	S	V	Q	E	F	E	M	P	H	B	H	C	Q
P	I	V	S	Q	N	X	S	H	E	R	E	T	T	E	N
I	P	N	R	I	R	A	T	T	G	P	A	P	L	M	T
C	Z	W	X	N	G	Y	H	P	O	E	E	B	C	N	P
Y	B	O	F	N	H	H	H	Z	R	R	A	A	T	H	A
S	L	O	W	R	K	K	T	B	S	U	A	L	S	M	U
P	U	O	Y	A	M	J	M	Q	Q	E	Q	T	L	E	S
E	V	N	G	E	N	T	L	E	N	E	S	S	I	F	E
A	P	X	X	B	X	S	R	S	N	E	F	O	Q	V	X
C	P	L	Z	A	H	M	C	P	S	T	G	W	F	A	E
E	R	E	F	L	E	C	T	I	O	N	A	U	Z	R	U
V	H	S	C	I	B	X	U	R	O	Q	B	L	X	E	S
T	I	M	E	L	E	S	S	I	T	S	Z	C	I	I	W
A	M	W	U	M	D	O	U	T	I	P	S	Z	P	T	H
Z	T	C	O	N	C	E	N	T	R	A	T	E	F	G	Y

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