

Mindfulness Word Search

Puzzle 553

H	S	C	O	B	S	E	I	P	P	Z	I	S	I	O	K
A	B	T	E	B	G	E	F	R	S	R	E	H	U	C	S
I	P	Z	A	Y	S	G	R	S	F	S	E	W	G	E	Y
N	M	E	T	B	J	E	E	E	U	L	E	S	G	Y	B
T	L	K	A	U	I	N	R	A	N	G	G	D	E	R	A
U	G	Q	O	C	E	L	P	V	U	E	E	A	L	N	U
I	D	U	F	L	E	F	I	F	A	L	H	O	N	P	T
T	T	H	O	W	K	F	E	T	W	T	A	L	L	O	W
I	A	H	O	T	T	R	U	O	Y	F	I	K	Y	Q	G
O	W	L	Q	Q	H	L	N	L	S	Q	N	O	J	N	Z
N	F	C	M	L	D	K	S	E	O	U	T	E	N	M	Q
W	F	O	O	J	U	C	W	X	N	I	P	X	I	H	K
J	O	H	M	S	L	Y	L	D	Q	E	R	T	U	Z	R
W	L	O	E	J	I	Q	V	F	X	T	F	Q	D	T	Y
D	K	E	N	L	M	I	N	D	F	U	L	C	I	V	D
G	E	G	T	T	R	A	N	Q	U	I	L	I	T	Y	H

**ALLOW
INTUITION
MINDFUL
OBSERVATION
PEACEFUL
QUIET
SERENE
TRANQUILITY**

**FLOW
KNOWLEDGE
MOMENT
PAUSE
PRESENT
REFUGE
STABILITY
WHOLENESS**

Mindfulness Word Search

Puzzle-Solution 553

H	S	C	O	B	S	E	I	P	P	Z	I	S	I	O	K
A	B	T	E	B	G	E	F	R	S	R	E	H	U	C	S
I	P	Z	A	Y	S	G	R	S	F	S	E	W	G	E	Y
N	M	E	T	B	J	E	E	E	U	L	E	S	G	Y	B
T	L	K	A	U	I	N	R	A	N	G	G	D	E	R	A
U	G	Q	O	C	E	L	P	V	U	E	E	A	L	N	U
I	D	U	F	L	E	F	I	F	A	L	H	O	N	P	T
T	T	H	O	W	K	F	E	T	W	T	A	L	L	O	W
I	A	H	O	T	T	R	U	O	Y	F	I	K	Y	Q	G
O	W	L	Q	Q	H	L	N	L	S	Q	N	O	J	N	Z
N	F	C	M	L	D	K	S	E	O	U	T	E	N	M	Q
W	F	O	O	J	U	C	W	X	N	I	P	X	I	H	K
J	O	H	M	S	L	Y	L	D	Q	E	R	T	U	Z	R
W	L	O	E	J	I	Q	V	F	X	T	F	Q	D	T	Y
D	K	E	N	L	M	I	N	D	F	U	L	C	I	V	D
G	E	G	T	T	R	A	N	Q	U	I	L	I	T	Y	H

**ALLOW
INTUITION
MINDFUL
OBSERVATION
PEACEFUL
QUIET
SERENE
TRANQUILITY**

**FLOW
KNOWLEDGE
MOMENT
PAUSE
PRESENT
REFUGE
STABILITY
WHOLENESS**