

# Mindfulness Word Search

## Puzzle 561

U	O	B	S	E	R	V	A	T	I	O	N	H	E	B	C
R	Q	C	B	S	C	B	S	I	P	G	T	D	W	V	O
H	S	R	B	Y	P	A	M	T	F	M	M	B	S	C	M
N	M	A	C	R	Z	F	W	U	R	A	M	I	O	I	P
K	I	N	D	N	E	S	S	A	Q	E	H	C	O	I	O
Y	M	O	U	P	F	A	W	J	R	N	V	O	T	N	S
V	B	I	H	M	Z	X	T	A	B	D	C	N	H	T	E
N	A	D	N	R	N	D	C	H	C	K	M	C	E	U	A
S	M	W	S	D	N	A	U	M	F	I	X	E	M	I	T
C	V	U	A	U	G	G	O	V	W	U	X	N	B	T	T
O	H	J	O	R	B	C	G	W	H	U	L	T	M	I	E
H	P	R	K	T	E	P	Y	F	G	D	P	R	E	O	N
A	G	F	T	R	A	N	Q	U	I	L	W	A	N	N	T
Z	L	X	M	V	Z	S	E	T	T	L	E	T	T	Z	I
K	F	N	B	E	V	P	Q	S	F	K	F	E	A	D	V
M	S	U	T	C	M	C	C	Z	S	C	O	X	L	R	E

**ATTENTIVE  
BREATHFUL  
COMPOSE  
GROUND  
KINDNESS  
MIND  
SETTLE  
TRANQUIL**

**AWARENESS  
CARE  
CONCENTRATE  
INTUITION  
MENTAL  
OBSERVATION  
SOOTHE  
WARMTH**

# Mindfulness Word Search

## Puzzle-Solution 561

U	O	B	S	E	R	V	A	T	I	O	N	H	E	B	C
R	Q	C	B	S	C	B	S	I	P	G	T	D	W	V	O
H	S	R	B	Y	P	A	M	T	F	M	M	B	S	C	M
N	M	A	C	R	Z	F	W	U	R	A	M	I	O	I	P
K	I	N	D	N	E	S	S	A	Q	E	H	C	O	I	O
Y	M	O	U	P	F	A	W	J	R	N	V	O	T	N	S
V	B	I	H	M	Z	X	T	A	B	D	C	N	H	T	E
N	A	D	N	R	N	D	C	H	C	K	M	C	E	U	A
S	M	W	S	D	N	A	U	M	F	I	X	E	M	I	T
C	V	U	A	U	G	G	O	V	W	U	X	N	B	T	T
O	H	J	O	R	B	C	G	W	H	U	L	T	M	I	E
H	P	R	K	T	E	P	Y	F	G	D	P	R	E	O	N
A	G	F	T	R	A	N	Q	U	I	L	W	A	N	N	T
Z	L	X	M	V	Z	S	E	T	T	L	E	T	T	Z	I
K	F	N	B	E	V	P	Q	S	F	K	F	E	A	D	V
M	S	U	T	C	M	C	C	Z	S	C	O	X	L	R	E

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