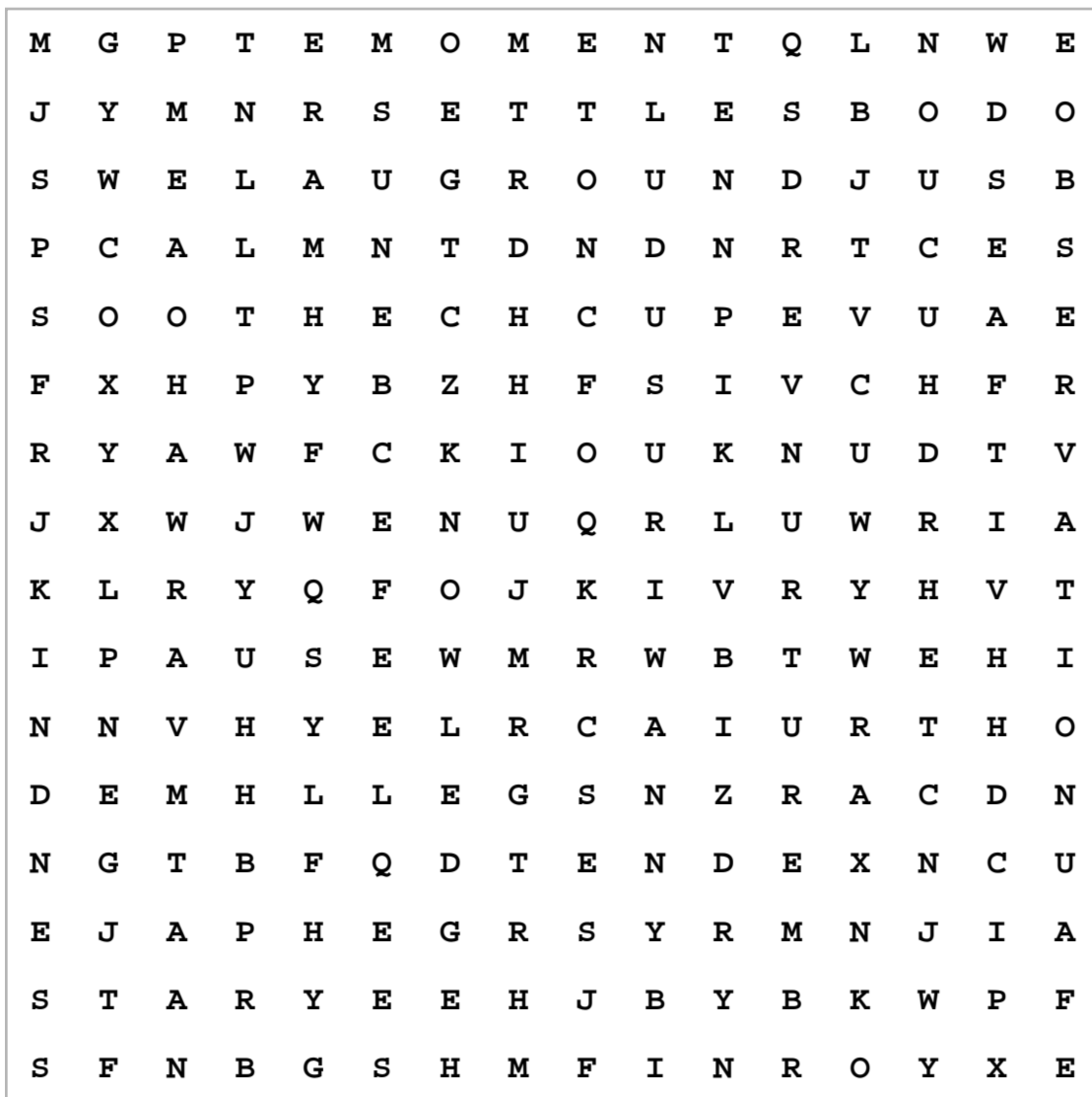


Mindfulness Word Search

Puzzle 574



**ANCHOR
CALM
KINDNESS
MOMENT
OBSERVATION
QUIETUDE
SETTLE
STABLE**

**BREATH
GROUND
KNOWLEDGE
NURTURE
PAUSE
SERENITY
SOOTHE
TRUTHFUL**

