

Morning Routine Word Search

Puzzle 133

I	J	O	Y	I	H	Q	U	W	U	N	S	K	P	B	C
N	E	B	U	A	L	G	P	R	E	P	A	R	E	C	S
T	Y	O	C	T	V	Q	Q	P	R	A	C	T	I	C	E
E	X	U	N	O	D	W	P	T	D	Y	F	K	P	N	E
N	G	N	V	R	N	O	K	O	F	U	A	J	O	X	R
T	E	D	B	L	P	S	O	T	S	V	B	I	F	C	E
I	N	A	F	U	A	H	I	R	Z	T	T	U	P	O	F
O	E	R	P	D	S	O	Y	S	B	A	U	L	D	N	L
N	R	Y	U	L	D	M	G	T	T	U	X	R	K	F	E
A	G	P	L	K	F	E	Y	I	I	E	S	N	E	I	C
L	Y	I	X	L	H	G	D	A	J	A	N	U	W	D	T
B	K	J	H	H	Q	E	F	V	N	Q	I	C	Y	E	I
S	F	O	X	W	M	H	M	I	F	Q	V	K	Y	N	O
B	K	M	O	O	F	S	A	L	M	Q	T	D	F	C	N
B	W	L	R	Y	W	R	M	P	M	J	J	G	Y	E	F
E	F	O	Q	O	G	J	B	J	D	G	L	I	M	I	T

BOUNDARY
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FLOW
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LIMIT
OUTDOOR
PRACTICE
REFLECTION

CONFIDENCE
ENERGY
GRAIN
INTENTIONAL
MEDITATION
POSTURE
PREPARE
SKILL

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Puzzle-Solution 133

I	J	O	Y	I	H	Q	U	W	U	N	S	K	P	B	C
N	E	B	U	A	L	G	P	R	E	P	A	R	E	C	S
T	Y	O	C	T	V	Q	Q	P	R	A	C	T	I	C	E
E	X	U	N	O	D	W	P	T	D	Y	F	K	P	N	E
N	G	N	V	R	N	O	K	O	F	U	A	J	O	X	R
T	E	D	B	L	P	S	O	T	S	V	B	I	F	C	E
I	N	A	F	U	A	H	I	R	Z	T	T	U	P	O	F
O	E	R	P	D	S	O	Y	S	B	A	U	L	D	N	L
N	R	Y	U	L	D	M	G	T	T	U	X	R	K	F	E
A	G	P	L	K	F	E	Y	I	I	E	S	N	E	I	C
L	Y	I	X	L	H	G	D	A	J	A	N	U	W	D	T
B	K	J	H	H	Q	E	F	V	N	Q	I	C	Y	E	I
S	F	O	X	W	M	H	M	I	F	Q	V	K	Y	N	O
B	K	M	O	O	F	S	A	L	M	Q	T	D	F	C	N
B	W	L	R	Y	W	R	M	P	M	J	J	G	Y	E	F
E	F	O	Q	O	G	J	B	J	D	G	L	I	M	I	T

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