

# Morning Routine Word Search

## Puzzle 227

H	T	R	F	T	W	P	O	S	T	U	R	E	X	A	E
M	J	S	E	N	A	L	N	Z	F	N	D	S	J	C	Q
K	O	O	Q	F	U	E	A	R	L	Y	U	N	N	W	E
D	Z	U	N	S	L	W	H	L	E	D	J	A	F	A	V
I	J	N	Z	T	A	E	P	Z	X	Y	L	A	U	K	L
D	A	W	N	R	G	S	C	X	I	A	T	C	P	E	D
J	P	T	U	E	E	P	T	T	B	J	E	T	P	U	G
F	R	L	U	T	N	T	O	E	I	J	J	I	J	P	Y
O	E	S	Q	C	D	E	T	S	L	O	V	V	U	J	Q
R	P	W	A	H	A	O	I	F	I	D	N	I	E	S	V
P	A	Z	K	F	N	N	Q	J	T	T	A	T	C	B	S
U	R	N	G	C	I	A	L	G	Y	C	I	Y	I	I	E
B	E	W	W	G	H	L	M	G	Q	N	E	V	C	N	F
K	X	E	E	N	O	X	N	U	T	R	I	T	I	O	N
I	D	B	M	O	N	C	E	N	T	E	R	M	L	T	G
H	H	U	C	H	O	W	I	R	E	S	Q	V	J	R	Y

**ACTIVITY  
BALANCE  
CENTER  
EARLY  
NOTE  
POSITIVITY  
PREPARE  
STRETCH**

**AGENDA  
BEGIN  
DAWN  
FLEXIBILITY  
NUTRITION  
POSTURE  
REFLECTION  
WAKEUP**

# Morning Routine Word Search

## Puzzle-Solution 227

H	T	R	F	T	W	P	O	S	T	U	R	E	X	A	E
M	J	S	E	N	A	L	N	Z	F	N	D	S	J	C	Q
K	O	O	Q	F	U	E	A	R	L	Y	U	N	N	W	E
D	Z	U	N	S	L	W	H	L	E	D	J	A	F	A	V
I	J	N	Z	T	A	E	P	Z	X	Y	L	A	U	K	L
D	A	W	N	R	G	S	C	X	I	A	T	C	P	E	D
J	P	T	U	E	E	P	T	T	B	J	E	T	P	U	G
F	R	L	U	T	N	T	O	E	I	J	J	I	J	P	Y
O	E	S	Q	C	D	E	T	S	L	O	V	V	U	J	Q
R	P	W	A	H	A	O	I	F	I	D	N	I	E	S	V
P	A	Z	K	F	N	N	Q	J	T	T	A	T	C	B	S
U	R	N	G	C	I	A	L	G	Y	C	I	Y	I	I	E
B	E	W	W	G	H	L	M	G	Q	N	E	V	C	N	F
K	X	E	E	N	O	X	N	U	T	R	I	T	I	O	N
I	D	B	M	O	N	C	E	N	T	E	R	M	L	T	G
H	H	U	C	H	O	W	I	R	E	S	Q	V	J	R	Y

**ACTIVITY**  
**BALANCE**  
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