Morning Routine Word Search

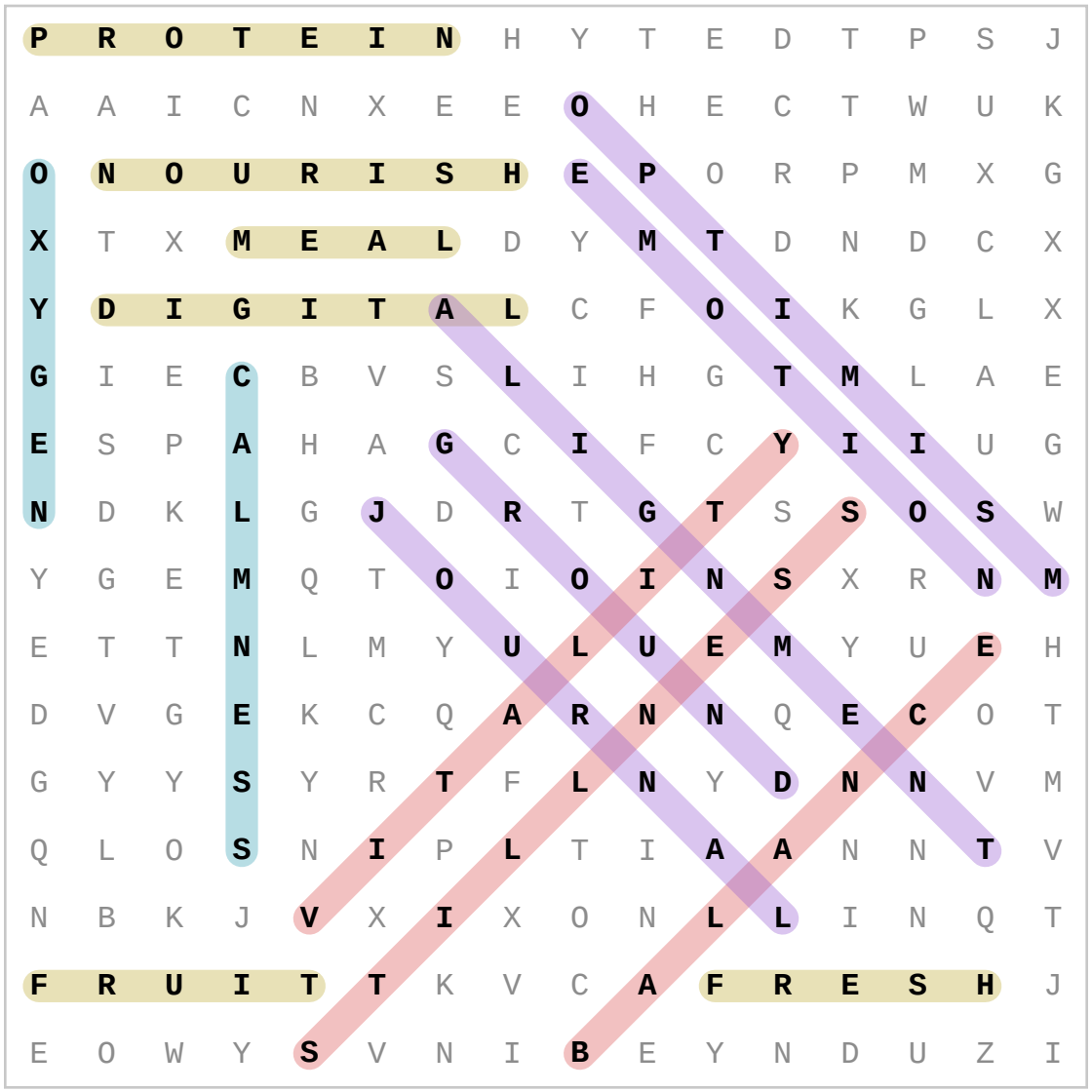
Puzzle 289

P R O T E I N H Y T E D T P S J
A A I C N X E E O H E C T W U K
O N O U R I S H E P O R P M X G
X T X M E A L D Y M T D N D C X
Y D I G I T A L C F O I K G L X
G I E C B V S L I H G T M L A E
E S P A H A G C I F C Y I I U G
N D K L G J D R T G T S S O S W
Y G E M Q T O I O I N S X R N M
E T T N L M Y U L U E M Y U E H
D V G E K C Q A R N N Q E C O T
G Y Y S Y R T F L N Y D N N V M
Q L O S N I P L T I A A N N T V
N B K J V X I X O N L L I N Q T
F R U I T T K V C A F R E S H J
E O W Y S V N I B E Y N D U Z I

ALIGNMENT
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DIGITAL
EMOTION
FRESH
FRUIT
GROUND
JOURNAL
MEAL
NOURISH
OPTIMISM
OXYGEN
PROTEIN
STILLNESS
VITALITY

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