

Selfcare Word Search

Puzzle 5

B	M	A	N	V	X	P	A	E	T	C	A	N	D	L	E
U	J	B	V	D	Q	K	N	S	Y	I	T	M	M	H	I
I	G	A	N	W	F	V	I	N	I	Q	O	I	J	Y	L
N	F	O	W	U	P	L	O	C	O	K	S	N	Y	D	Q
T	B	Q	P	A	K	M	P	Z	D	F	L	D	L	R	K
R	M	J	P	C	R	L	M	O	B	E	U	F	W	A	P
O	O	Q	E	A	E	E	O	E	Q	X	M	U	I	T	V
S	D	H	H	Z	W	P	N	Z	L	V	B	L	Z	I	O
P	C	C	B	O	S	K	Y	E	Q	C	E	N	Y	O	F
E	W	Y	S	O	O	T	H	E	S	W	R	E	E	N	S
C	R	A	F	S	I	J	R	I	H	S	I	S	A	X	O
T	E	R	O	L	N	J	I	E	R	P	F	S	H	J	U
O	P	A	I	E	C	W	J	L	S	F	A	E	W	T	N
F	V	B	S	C	H	T	N	B	G	S	T	V	K	B	D
A	O	B	S	E	R	V	A	T	I	O	N	H	Z	X	M
M	S	H	E	X	P	R	E	S	S	I	O	N	C	K	K

**AWARENESS
CANDLE
EASE
HARMONY
INTROSPECT
MOBILITY
SLUMBER
SOUND**

**BOND
CHECKLIST
EXPRESSION
HYDRATION
MINDFULNESS
OBSERVATION
SOOTHE
STRESS**

Selfcare Word Search

Puzzle-Solution 5

B	M	A	N	V	X	P	A	E	T	C	A	N	D	L	E
U	J	B	V	D	Q	K	N	S	Y	I	T	M	M	H	I
I	G	A	N	W	F	V	I	N	I	Q	O	I	J	Y	L
N	F	O	W	U	P	L	O	C	O	K	S	N	Y	D	Q
T	B	Q	P	A	K	M	P	Z	D	F	L	D	L	R	K
R	M	J	P	C	R	L	M	O	B	E	U	F	W	A	P
O	O	Q	E	A	E	E	O	E	Q	X	M	U	I	T	V
S	D	H	H	Z	W	P	N	Z	L	V	B	L	Z	I	O
P	C	C	B	O	S	K	Y	E	Q	C	E	N	Y	O	F
E	W	Y	S	O	O	T	H	E	S	W	R	E	E	N	S
C	R	A	F	S	I	J	R	I	H	S	I	S	A	X	O
T	E	R	O	L	N	J	I	E	R	P	F	S	H	J	U
O	P	A	I	E	C	W	J	L	S	F	A	E	W	T	N
F	V	B	S	C	H	T	N	B	G	S	T	V	K	B	D
A	O	B	S	E	R	V	A	T	I	O	N	H	Z	X	M
M	S	H	E	X	P	R	E	S	S	I	O	N	C	K	K

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