

# Selfcare Word Search

## Puzzle 17

C	Q	X	C	B	P	A	R	P	E	O	O	E	T	F	F
W	P	D	A	P	S	O	R	C	E	S	Q	I	J	A	Z
G	R	K	X	Z	H	I	N	E	Q	A	L	Z	P	T	E
R	A	B	M	C	Q	E	X	X	L	G	C	O	L	I	C
A	N	O	N	Z	S	X	P	B	N	A	T	E	E	G	G
T	H	A	N	E	B	O	Q	P	Y	X	X	O	A	U	O
I	S	H	R	V	X	Q	P	X	J	A	N	W	S	E	V
T	I	P	G	K	U	R	V	M	I	T	O	A	U	K	I
U	L	K	H	D	E	L	I	G	H	T	T	W	R	S	T
D	E	B	V	B	T	N	X	W	Z	E	E	M	E	B	W
E	N	P	A	I	N	T	T	H	F	N	B	L	I	L	S
K	C	V	X	T	L	J	R	J	K	T	O	S	R	H	O
Z	E	C	H	B	S	A	R	V	D	I	O	E	Z	Y	D
R	E	F	R	E	S	H	B	D	D	O	K	I	O	O	C
D	Z	A	P	A	U	S	E	B	R	N	R	J	O	M	A
Z	L	O	M	O	M	Z	G	I	C	T	J	M	T	S	S

**ANCHOR  
DELIGHT  
GRATITUDE  
MOOD  
PAINT  
PEACE  
PRESENCE  
RELAX**

**ATTENTION  
FATIGUE  
JOY  
NOTEBOOK  
PAUSE  
PLEASURE  
REFRESH  
SILENCE**

# Selfcare Word Search

## Puzzle-Solution 17

C	Q	X	C	B	P	A	R	P	E	O	O	E	T	F	F
W	P	D	A	P	S	O	R	C	E	S	Q	I	J	A	Z
G	R	K	X	Z	H	I	N	E	Q	A	L	Z	P	T	E
R	A	B	M	C	Q	E	X	X	L	G	C	O	L	I	C
A	N	O	N	Z	S	X	P	B	N	A	T	E	E	G	G
T	H	A	N	E	B	O	Q	P	Y	X	X	O	A	U	O
I	S	H	R	V	X	Q	P	X	J	A	N	W	S	E	V
T	I	P	G	K	U	R	V	M	I	T	O	A	U	K	I
U	L	K	H	D	E	L	I	G	H	T	T	W	R	S	T
D	E	B	V	B	T	N	X	W	Z	E	E	M	E	B	W
E	N	P	A	I	N	T	T	H	F	N	B	L	I	L	S
K	C	V	X	T	L	J	R	J	K	T	O	S	R	H	O
Z	E	C	H	B	S	A	R	V	D	I	O	E	Z	Y	D
R	E	F	R	E	S	H	B	D	D	O	K	I	O	O	C
D	Z	A	P	A	U	S	E	B	R	N	R	J	O	M	A
Z	L	O	M	O	M	Z	G	I	C	T	J	M	T	S	S

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