

# Selfcare Word Search

## Puzzle 19

B	Y	Y	C	Z	Z	E	F	H	P	G	M	C	B	Y	I
F	L	T	E	N	S	I	O	N	L	E	P	R	N	C	L
K	S	C	K	B	A	Q	R	C	Y	N	W	O	C	F	H
B	V	T	C	A	J	F	E	T	G	P	I	V	Z	W	C
T	R	S	R	C	L	L	S	T	H	T	G	U	A	S	R
R	E	U	Y	U	Y	I	T	H	A	A	N	K	S	O	M
Z	O	P	S	D	C	E	G	V	K	O	N	E	R	A	E
P	A	U	S	E	R	T	R	N	I	J	N	K	W	K	N
J	I	G	P	O	I	E	U	T	M	R	T	T	F	X	R
W	L	W	T	O	S	J	A	R	E	E	G	C	P	U	P
B	J	S	X	B	S	M	N	D	E	L	N	F	K	J	L
C	E	L	O	T	R	T	N	S	E	I	M	T	N	D	X
R	E	B	F	I	V	E	U	F	R	E	H	O	I	J	G
T	D	A	F	S	T	A	U	R	X	F	T	Y	L	Q	X
O	R	F	H	G	C	O	N	N	E	C	T	I	O	N	X
C	A	I	N	T	E	N	T	I	O	N	R	A	K	A	N

**AFFIRMATION  
CONNECTION  
FOREST  
OBSERVATION  
POSTURE  
RESTORE  
STRUCTURE  
TENSION**

**ALIGNMENT  
CRAFT  
INTENTION  
PAUSE  
RELIEF  
SOAK  
TENDERNESS  
THANKFUL**

# Selfcare Word Search

## Puzzle-Solution 19

B	Y	Y	C	Z	Z	E	F	H	P	G	M	C	B	Y	I
F	L	T	E	N	S	I	O	N	L	E	P	R	N	C	L
K	S	C	K	B	A	Q	R	C	Y	N	W	O	C	F	H
B	V	T	C	A	J	F	E	T	G	P	I	V	Z	W	C
T	R	S	R	C	L	L	S	T	H	T	G	U	A	S	R
R	E	U	Y	U	Y	I	T	H	A	A	N	K	S	O	M
Z	O	P	S	D	C	E	G	V	K	O	N	E	R	A	E
P	A	U	S	E	R	T	R	N	I	J	N	K	W	K	N
J	I	G	P	O	I	E	U	T	M	R	T	T	F	X	R
W	L	W	T	O	S	J	A	R	E	E	G	C	P	U	P
B	J	S	X	B	S	M	N	D	E	L	N	F	K	J	L
C	E	L	O	T	R	T	N	S	E	I	M	T	N	D	X
R	E	B	F	I	V	E	U	F	R	E	H	O	I	J	G
T	D	A	F	S	T	A	U	R	X	F	T	Y	L	Q	X
O	R	F	H	G	C	O	N	N	E	C	T	I	O	N	X
C	A	I	N	T	E	N	T	I	O	N	R	A	K	A	N

**AFFIRMATION  
CONNECTION  
FOREST  
OBSERVATION  
POSTURE  
RESTORE  
STRUCTURE  
TENSION**

**ALIGNMENT  
CRAFT  
INTENTION  
PAUSE  
RELIEF  
SOAK  
TENDERNESS  
THANKFUL**