

# Selfcare Word Search

## Puzzle 23

Y	M	I	N	D	F	U	L	N	E	S	S	X	E	K	N
S	F	I	B	I	F	E	F	O	X	T	Y	C	A	E	O
O	V	L	M	A	J	B	S	S	U	E	N	G	G	M	U
F	A	Z	E	O	B	S	E	R	V	A	T	I	O	N	R
T	Z	V	S	X	X	G	H	E	L	M	Q	X	P	Z	I
N	A	V	W	T	I	W	X	A	O	H	L	I	R	W	S
E	W	A	X	R	R	B	B	I	N	H	A	L	E	P	H
S	A	S	K	T	G	U	I	H	U	L	U	Z	S	M	M
S	R	P	F	G	N	Q	C	L	Z	D	J	I	S	H	L
D	E	I	S	O	U	N	D	T	I	W	N	A	U	W	K
S	N	R	O	R	D	E	R	Q	U	T	Z	J	R	M	V
E	E	A	R	S	V	S	M	W	D	R	Y	Y	E	X	Z
Q	S	T	M	T	M	C	N	O	C	B	E	J	E	P	C
D	S	I	J	P	E	U	O	W	F	L	G	H	W	Z	O
H	D	O	O	T	T	M	F	I	E	U	V	I	Q	Y	Z
L	Y	N	E	A	P	P	R	E	C	I	A	T	I	O	N

**APPRECIATION  
AWARENESS  
FLEXIBILITY  
MINDFULNESS  
NOURISH  
ORDER  
SOFTNESS  
STEAM**

**ASPIRATION  
BALANCE  
INHALE  
MOOD  
OBSERVATION  
PRESSURE  
SOUND  
STRUCTURE**

# Selfcare Word Search

## Puzzle-Solution 23

Y	M	I	N	D	F	U	L	N	E	S	S	X	E	K	N
S	F	I	B	I	F	E	F	O	X	T	Y	C	A	E	O
O	V	L	M	A	J	B	S	S	U	E	N	G	G	M	U
F	A	Z	E	O	B	S	E	R	V	A	T	I	O	N	R
T	Z	V	S	X	X	G	H	E	L	M	Q	X	P	Z	I
N	A	V	W	T	I	W	X	A	O	H	L	I	R	W	S
E	W	A	X	R	R	B	B	I	N	H	A	L	E	P	H
S	A	S	K	T	G	U	I	H	U	L	U	Z	S	M	M
S	R	P	F	G	N	Q	C	L	Z	D	J	I	S	H	L
D	E	I	S	O	U	N	D	T	I	W	N	A	U	W	K
S	N	R	O	R	D	E	R	Q	U	T	Z	J	R	M	V
E	E	A	R	S	V	S	M	W	D	R	Y	Y	E	X	Z
Q	S	T	M	T	M	C	N	O	C	B	E	J	E	P	C
D	S	I	J	P	E	U	O	W	F	L	G	H	W	Z	O
H	D	O	O	T	T	M	F	I	E	U	V	I	Q	Y	Z
L	Y	N	E	A	P	P	R	E	C	I	A	T	I	O	N

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