

# Selfcare Word Search

## Puzzle 8

G	M	B	T	F	D	V	N	G	T	M	E	L	O	D	Y
F	S	K	B	B	L	H	R	G	D	M	L	A	F	J	A
U	O	E	O	F	R	E	R	C	I	I	F	G	V	G	W
N	F	A	P	D	P	J	X	T	K	M	U	S	H	A	A
D	T	J	X	K	Z	E	D	I	A	D	L	D	F	O	R
E	N	Q	Y	O	W	E	P	P	B	C	F	U	R	A	E
R	E	Q	Q	J	B	O	W	P	C	I	I	A	P	X	N
S	S	C	O	M	F	O	R	T	E	T	L	I	B	M	E
T	S	T	Z	T	C	O	T	Z	S	R	L	I	A	H	S
A	V	E	N	Q	V	H	F	A	G	E	M	N	T	F	S
N	K	N	R	Q	E	S	N	N	A	V	C	I	E	Y	Z
D	I	S	J	H	Z	W	O	E	N	A	C	I	N	V	A
S	D	I	L	R	Y	L	J	L	G	R	L	X	H	T	G
D	Q	O	W	A	E	T	U	Y	N	E	D	B	A	T	H
P	H	N	V	B	I	A	H	C	R	S	U	Q	S	K	B
L	S	L	E	E	P	R	H	M	V	T	C	T	Z	Q	J

**AWARENESS**  
**BEDTIME**  
**COMFORT**  
**FULFILL**  
**PEPPERMINT**  
**REST**  
**SLEEP**  
**TENSION**

**BATH**  
**BELONG**  
**FLEXIBILITY**  
**MELODY**  
**RELIEF**  
**RHYTHM**  
**SOFTNESS**  
**UNDERSTAND**

# Selfcare Word Search

## Puzzle-Solution 8

G	M	B	T	F	D	V	N	G	T	M	E	L	O	D	Y
F	S	K	B	B	L	H	R	G	D	M	L	A	F	J	A
U	O	E	O	F	R	E	R	C	I	I	F	G	V	G	W
N	F	A	P	D	P	J	X	T	K	M	U	S	H	A	A
D	T	J	X	K	Z	E	D	I	A	D	L	D	F	O	R
E	N	Q	Y	O	W	E	P	P	B	C	F	U	R	A	E
R	E	Q	Q	J	B	O	W	P	C	I	I	A	P	X	N
S	S	C	O	M	F	O	R	T	E	T	L	I	B	M	E
T	S	T	Z	T	C	O	T	Z	S	R	L	I	A	H	S
A	V	E	N	Q	V	H	F	A	G	E	M	N	T	F	S
N	K	N	R	Q	E	S	N	N	A	V	C	I	E	Y	Z
D	I	S	J	H	Z	W	O	E	N	A	C	I	N	V	A
S	D	I	L	R	Y	L	J	L	G	R	L	X	H	T	G
D	Q	O	W	A	E	T	U	Y	N	E	D	B	A	T	H
P	H	N	V	B	I	A	H	C	R	S	U	Q	S	K	B
L	S	L	E	E	P	R	H	M	V	T	C	T	Z	Q	J

**AWARENESS**

**BEDTIME**

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