

# Selfcare Word Search

## Puzzle 9

E	B	U	R	P	H	H	F	K	E	X	H	A	L	E	P
N	V	Z	C	N	F	Y	J	K	K	K	O	T	V	P	P
B	I	B	J	W	K	Z	D	A	X	S	J	B	D	E	J
R	S	S	H	O	W	E	R	R	S	I	Y	A	V	O	Y
E	U	F	A	G	K	Z	T	E	A	F	P	T	Q	N	M
A	A	N	N	J	K	R	N	J	P	T	I	G	H	K	O
T	L	E	X	D	T	L	R	K	N	O	I	S	O	G	O
H	I	E	I	C	L	S	Z	F	C	U	J	O	L	W	D
E	Z	K	E	I	O	Q	U	I	E	T	S	C	N	R	E
B	E	F	T	I	X	M	D	Z	O	D	M	C	Z	O	W
O	F	S	Y	N	X	E	P	L	S	O	E	R	T	D	L
A	Z	N	Y	I	Y	G	G	O	A	O	B	V	H	J	Y
X	S	C	H	E	D	U	L	E	S	R	R	Z	O	E	V
W	W	H	O	L	E	S	O	M	E	U	T	F	E	A	K
G	E	N	T	L	E	N	E	S	S	H	R	U	O	D	B
M	T	U	B	C	L	B	Z	K	R	C	K	E	Z	E	Z

**AFFECT**  
**ART**  
**COMPOSURE**  
**GENTLENESS**  
**MOOD**  
**QUIET**  
**SHOWER**  
**VISUALIZE**

**ANXIETY**  
**BREATH**  
**EXHALE**  
**HYDRATION**  
**OUTDOOR**  
**SCHEDULE**  
**STILLNESS**  
**WHOLESOME**

# Selfcare Word Search

## Puzzle-Solution 9

E	B	U	R	P	H	H	F	K	E	X	H	A	L	E	P
N	V	Z	C	N	F	Y	J	K	K	K	O	T	V	P	P
B	I	B	J	W	K	Z	D	A	X	S	J	B	D	E	J
R	S	S	H	O	W	E	R	R	S	I	Y	A	V	O	Y
E	U	F	A	G	K	Z	T	E	A	F	P	T	Q	N	M
A	A	N	N	J	K	R	N	J	P	T	I	G	H	K	O
T	L	E	X	D	T	L	R	K	N	O	I	S	O	G	O
H	I	E	I	C	L	S	Z	F	C	U	J	O	L	W	D
E	Z	K	E	I	O	Q	U	I	E	T	S	C	N	R	E
B	E	F	T	I	X	M	D	Z	O	D	M	C	Z	O	W
O	F	S	Y	N	X	E	P	L	S	O	E	R	T	D	L
A	Z	N	Y	I	Y	G	G	O	A	O	B	V	H	J	Y
X	S	C	H	E	D	U	L	E	S	R	R	Z	O	E	V
W	W	H	O	L	E	S	O	M	E	U	T	F	E	A	K
G	E	N	T	L	E	N	E	S	S	H	R	U	O	D	B
M	T	U	B	C	L	B	Z	K	R	C	K	E	Z	E	Z

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