

# Selfcare Word Search

## Puzzle 31

E	H	F	R	I	E	N	D	S	H	I	P	T	L	B	Z
O	M	L	S	L	Q	R	V	W	J	F	F	I	S	T	I
U	X	U	T	E	N	D	E	R	N	E	S	S	S	L	T
E	F	S	S	A	L	Y	N	N	S	Q	J	E	S	Z	S
P	C	I	D	I	C	S	P	D	F	U	R	M	B	C	T
R	V	M	E	G	C	Q	I	R	O	O	U	N	R	H	E
E	W	P	F	K	O	Q	K	L	F	A	X	E	E	E	A
S	R	L	O	M	P	J	F	G	E	D	Q	Y	A	C	M
E	N	I	S	C	C	A	E	P	T	N	R	X	T	K	T
N	F	C	E	M	E	M	T	R	G	R	C	E	H	L	L
C	N	I	R	E	R	A	A	D	O	K	A	E	Z	I	Z
E	W	T	E	H	H	J	N	W	K	P	K	I	J	S	I
J	Z	Y	N	N	T	H	G	E	X	L	L	J	A	T	T
N	R	N	I	K	U	S	R	D	C	L	L	O	L	A	P
Y	L	R	T	F	C	S	T	R	U	C	T	U	R	E	R
X	H	V	Y	R	A	N	X	I	E	T	Y	J	D	I	E

**ANXIETY  
BREATH  
FOREST  
MUSIC  
PRESENCE  
SILENCE  
STEAM  
TENDERNESS**

**ART  
CHECKLIST  
FRIENDSHIP  
OCEAN  
SERENITY  
SIMPLICITY  
STRUCTURE  
WORRY**

# Selfcare Word Search

## Puzzle-Solution 31

E	H	F	R	I	E	N	D	S	H	I	P	T	L	B	Z
O	M	L	S	L	Q	R	V	W	J	F	F	I	S	T	I
U	X	U	T	E	N	D	E	R	N	E	S	S	S	L	T
E	F	S	S	A	L	Y	N	N	S	Q	J	E	S	Z	S
P	C	I	D	I	C	S	P	D	F	U	R	M	B	C	T
R	V	M	E	G	C	Q	I	R	O	O	U	N	R	H	E
E	W	P	F	K	O	Q	K	L	F	A	X	E	E	E	A
S	R	L	O	M	P	J	F	G	E	D	Q	Y	A	C	M
E	N	I	S	C	C	A	E	P	T	N	R	X	T	K	T
N	F	C	E	M	E	M	T	R	G	R	C	E	H	L	L
C	N	I	R	E	R	A	A	D	O	K	A	E	Z	I	Z
E	W	T	E	H	H	J	N	W	K	P	K	I	J	S	I
J	Z	Y	N	N	T	H	G	E	X	L	L	J	A	T	T
N	R	N	I	K	U	S	R	D	C	L	L	O	L	A	P
Y	L	R	T	F	C	S	T	R	U	C	T	U	R	E	R
X	H	V	Y	R	A	N	X	I	E	T	Y	J	D	I	E

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