

Selfcare Word Search

Puzzle 34

V	V	N	A	T	U	R	E	B	O	U	N	D	A	R	Y
P	A	R	D	O	N	S	A	F	Q	S	H	O	W	E	R
U	D	A	J	K	H	E	X	H	A	L	E	A	S	F	O
A	Q	N	R	I	P	A	G	Q	H	T	B	O	U	F	B
P	F	X	E	S	M	M	T	V	W	X	C	G	H	E	S
P	O	I	Y	P	G	I	V	T	Z	C	T	B	A	N	E
R	U	E	O	P	V	W	N	N	E	P	A	I	N	T	R
E	N	T	U	C	H	C	O	I	F	N	U	P	I	C	V
C	D	Y	Q	W	U	I	A	S	M	B	T	G	X	G	A
I	A	T	G	H	S	E	B	L	T	A	W	I	W	K	T
A	T	X	Z	N	C	B	H	U	M	H	L	J	O	V	I
T	I	H	E	N	Z	O	V	M	N	N	H	O	W	N	O
I	O	T	E	P	Y	M	Q	B	O	Q	E	Z	R	G	N
O	N	L	V	H	K	F	B	E	K	L	C	S	H	C	C
N	I	E	I	I	V	M	E	R	O	B	K	S	S	U	M
S	P	X	O	X	N	O	X	Z	Y	L	K	T	Z	O	S

**ANXIETY
ATTENTION
CALMNESS
FOUNDATION
NATURE
PAINT
SHOWER
SLUMBER**

**APPRECIATION
BOUNDARY
EXHALE
MINIMAL
OBSERVATION
PARDON
SILENCE
TENSION**

Selfcare Word Search

Puzzle-Solution 34

V	V	N	A	T	U	R	E	B	O	U	N	D	A	R	Y
P	A	R	D	O	N	S	A	F	Q	S	H	O	W	E	R
U	D	A	J	K	H	E	X	H	A	L	E	A	S	F	O
A	Q	N	R	I	P	A	G	Q	H	T	B	O	U	F	B
P	F	X	E	S	M	M	T	V	W	X	C	G	H	E	S
P	O	I	Y	P	G	I	V	T	Z	C	T	B	A	N	E
R	U	E	O	P	V	W	N	N	E	P	A	I	N	T	R
E	N	T	U	C	H	C	O	I	F	N	U	P	I	C	V
C	D	Y	Q	W	U	I	A	S	M	B	T	G	X	G	A
I	A	T	G	H	S	E	B	L	T	A	W	I	W	K	T
A	T	X	Z	N	C	B	H	U	M	H	L	J	O	V	I
T	I	H	E	N	Z	O	V	M	N	N	H	O	W	N	O
I	O	T	E	P	Y	M	Q	B	O	Q	E	Z	R	G	N
O	N	L	V	H	K	F	B	E	K	L	C	S	H	C	C
N	I	E	I	I	V	M	E	R	O	B	K	S	S	U	M
S	P	X	O	X	N	O	X	Z	Y	L	K	T	Z	O	S

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