

Selfcare Word Search

Puzzle 53

L	E	L	S	E	R	E	N	I	T	Y	A	L	E	U	I
P	R	A	X	G	O	W	E	L	W	K	U	L	Q	S	U
I	M	N	Z	V	U	T	Q	A	W	F	A	H	T	L	X
J	U	Y	Z	G	T	E	J	X	K	H	X	A	A	O	Z
Y	H	Z	R	G	I	J	S	N	N	X	Y	P	L	W	J
K	R	G	J	U	N	E	A	I	E	S	R	P	I	D	R
I	H	P	L	I	E	H	T	H	S	E	V	I	G	O	V
P	Q	W	G	K	T	V	X	E	K	H	E	N	N	W	I
R	E	S	I	L	I	E	N	C	E	S	S	E	M	N	D
E	H	Q	I	Q	B	E	A	V	U	G	R	S	E	I	V
S	Y	O	K	W	L	R	B	A	T	H	R	S	N	S	V
E	F	T	B	T	T	S	O	B	H	D	F	O	T	G	Y
N	P	L	N	B	H	D	G	O	X	N	K	P	U	C	T
C	L	E	O	E	Y	S	Q	Z	R	O	O	U	X	N	K
E	G	C	N	Y	Q	A	P	A	T	I	E	N	C	E	D
N	O	T	E	B	O	O	K	N	R	H	H	S	V	S	G

**ALIGNMENT
GENTLENESS
HAPPINESS
INHALE
PATIENCE
RESILIENCE
SERENITY
THANKFUL**

**BATH
GROUND
HOBBY
NOTEBOOK
PRESENCE
ROUTINE
SLOWDOWN
TRACKER**

Selfcare Word Search

Puzzle-Solution 53

L	E	L	S	E	R	E	N	I	T	Y	A	L	E	U	I
P	R	A	X	G	O	W	E	L	W	K	U	L	Q	S	U
I	M	N	Z	V	U	T	Q	A	W	F	A	H	T	L	X
J	U	Y	Z	G	T	E	J	X	K	H	X	A	A	O	Z
Y	H	Z	R	G	I	J	S	N	N	X	Y	P	L	W	J
K	R	G	J	U	N	E	A	I	E	S	R	P	I	D	R
I	H	P	L	I	E	H	T	H	S	E	V	I	G	O	V
P	Q	W	G	K	T	V	X	E	K	H	E	N	N	W	I
R	E	S	I	L	I	E	N	C	E	S	S	E	M	N	D
E	H	Q	I	Q	B	E	A	V	U	G	R	S	E	I	V
S	Y	O	K	W	L	R	B	A	T	H	R	S	N	S	V
E	F	T	B	T	T	S	O	B	H	D	F	O	T	G	Y
N	P	L	N	B	H	D	G	O	X	N	K	P	U	C	T
C	L	E	O	E	Y	S	Q	Z	R	O	O	U	X	N	K
E	G	C	N	Y	Q	A	P	A	T	I	E	N	C	E	D
N	O	T	E	B	O	O	K	N	R	H	H	S	V	S	G

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