

# Selfcare Word Search

## Puzzle 55

U	Z	E	A	H	S	L	O	W	D	O	W	N	I	U	G
M	I	Q	Y	O	V	E	R	L	O	A	D	T	W	L	Z
E	N	J	T	R	A	N	Q	U	I	L	I	T	Y	F	Z
D	K	C	C	J	E	M	W	A	S	X	C	B	X	L	V
I	U	X	B	D	R	S	H	F	A	H	W	W	U	B	S
T	N	M	S	A	E	O	T	Q	K	T	O	F	I	S	D
A	G	H	O	C	F	E	L	O	C	M	K	W	E	Q	W
T	I	G	U	I	L	Y	O	J	R	N	R	N	E	T	M
I	C	T	N	M	E	P	E	S	A	E	T	V	P	R	I
O	E	Z	D	L	C	G	R	H	U	F	W	A	T	E	R
N	N	L	S	K	T	Z	T	I	O	N	J	O	S	D	I
I	P	N	L	G	I	Z	Q	S	O	G	L	U	K	V	T
I	C	O	Z	C	O	X	Y	O	G	R	A	I	H	B	E
G	A	E	V	R	N	U	J	S	W	P	I	U	G	Q	V
R	P	O	S	T	U	R	E	Y	A	Y	S	T	R	H	Y
A	C	O	N	T	E	N	T	M	E	N	T	P	Y	I	T

**CONTENTMENT  
OVERLOAD  
POSTURE  
REFLECTION  
SHOWER  
SOFTNESS  
SUNLIGHT  
TRANQUILITY**

**MEDITATION  
PAUSE  
PRIORITY  
RESTORE  
SLOWDOWN  
SOUND  
THANKFUL  
WATER**

# Selfcare Word Search

## Puzzle-Solution 55

U	Z	E	A	H	S	L	O	W	D	O	W	N	I	U	G
M	I	Q	Y	O	V	E	R	L	O	A	D	T	W	L	Z
E	N	J	T	R	A	N	Q	U	I	L	I	T	Y	F	Z
D	K	C	C	J	E	M	W	A	S	X	C	B	X	L	V
I	U	X	B	D	R	S	H	F	A	H	W	W	U	B	S
T	N	M	S	A	E	O	T	Q	K	T	O	F	I	S	D
A	G	H	O	C	F	E	L	O	C	M	K	W	E	Q	W
T	I	G	U	I	L	Y	O	J	R	N	R	N	E	T	M
I	C	T	N	M	E	P	E	S	A	E	T	V	P	R	I
O	E	Z	D	L	C	G	R	H	U	F	W	A	T	E	R
N	N	L	S	K	T	Z	T	I	O	N	J	O	S	D	I
I	P	N	L	G	I	Z	Q	S	O	G	L	U	K	V	T
I	C	O	Z	C	O	X	Y	O	G	R	A	I	H	B	E
G	A	E	V	R	N	U	J	S	W	P	I	U	G	Q	V
R	P	O	S	T	U	R	E	Y	A	Y	S	T	R	H	Y
A	C	O	N	T	E	N	T	M	E	N	T	P	Y	I	T

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