

Selfcare Word Search

Puzzle 60

L	A	U	L	C	U	R	O	U	T	I	N	E	N	S	Q
E	X	Y	K	Y	U	W	L	R	E	C	H	A	R	G	E
J	B	N	A	U	A	R	C	A	L	M	N	E	S	S	T
H	I	G	A	K	R	C	M	M	B	J	T	O	Q	C	O
X	R	J	U	M	T	B	K	W	K	N	O	Q	E	C	L
I	O	E	A	B	F	R	O	J	E	D	R	F	B	N	O
N	S	X	L	A	E	A	D	M	N	Z	F	A	R	H	L
T	L	C	X	I	S	D	T	L	S	A	C	N	X	C	D
R	U	Q	A	P	E	N	T	I	P	A	U	S	E	T	E
O	M	Z	Q	R	E	F	L	I	G	D	M	X	C	O	X
S	B	L	A	T	E	J	M	P	M	U	Y	B	I	C	U
P	E	E	N	W	R	B	K	D	N	E	E	V	P	E	S
E	R	O	P	R	O	T	E	C	T	I	O	N	I	A	O
C	C	B	H	S	G	Y	X	X	O	Y	B	X	A	N	M
T	J	E	X	P	R	E	S	S	I	O	N	Q	D	A	B
Q	Q	Y	Q	F	K	I	O	D	A	G	X	V	H	C	H

**AFFECT
BEDTIME
CARE
EXPRESSION
INTROSPECT
PAUSE
RECHARGE
ROUTINE**

**ART
CALMNESS
CONTENTMENT
FATIGUE
OCEAN
PROTECTION
RELIEF
SLUMBER**

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Puzzle-Solution 60

L	A	U	L	C	U	R	O	U	T	I	N	E	N	S	Q
E	X	Y	K	Y	U	W	L	R	E	C	H	A	R	G	E
J	B	N	A	U	A	R	C	A	L	M	N	E	S	S	T
H	I	G	A	K	R	C	M	M	B	J	T	O	Q	C	O
X	R	J	U	M	T	B	K	W	K	N	O	Q	E	C	L
I	O	E	A	B	F	R	O	J	E	D	R	F	B	N	O
N	S	X	L	A	E	A	D	M	N	Z	F	A	R	H	L
T	L	C	X	I	S	D	T	L	S	A	C	N	X	C	D
R	U	Q	A	P	E	N	T	I	P	A	U	S	E	T	E
O	M	Z	Q	R	E	F	L	I	G	D	M	X	C	O	X
S	B	L	A	T	E	J	M	P	M	U	Y	B	I	C	U
P	E	E	N	W	R	B	K	D	N	E	E	V	P	E	S
E	R	O	P	R	O	T	E	C	T	I	O	N	I	A	O
C	C	B	H	S	G	Y	X	X	O	Y	B	X	A	N	M
T	J	E	X	P	R	E	S	S	I	O	N	Q	D	A	B
Q	Q	Y	Q	F	K	I	O	D	A	G	X	V	H	C	H

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