

Selfcare Word Search

Puzzle 63

E	V	K	N	U	G	R	A	T	I	T	U	D	E	A	I
F	X	H	E	X	P	R	E	S	S	I	O	N	H	H	N
B	U	Y	Z	M	S	V	G	K	J	W	S	B	C	U	S
O	Y	E	O	O	J	K	F	H	I	W	A	T	E	R	I
U	A	W	Y	B	U	N	N	E	M	S	E	E	I	R	G
N	U	F	Z	I	Y	O	G	A	N	R	F	I	H	U	H
D	M	S	F	L	R	B	K	W	T	R	D	Z	I	W	T
A	O	B	Z	I	O	E	P	S	Q	A	X	J	F	L	O
R	N	B	S	T	R	M	L	A	T	O	R	C	K	I	L
Y	M	M	D	Y	V	M	Y	A	I	T	X	T	I	M	T
R	U	B	D	M	X	N	A	Z	X	N	I	C	N	I	L
H	S	P	J	N	O	X	X	T	Z	A	T	T	Y	T	W
Q	I	T	P	M	Q	G	R	Y	I	Q	T	S	B	F	Y
W	C	G	R	J	T	I	Y	Z	K	O	F	I	X	F	Z
P	T	A	U	S	N	A	A	K	B	X	N	H	O	R	P
C	H	X	S	T	I	L	L	N	E	S	S	G	J	N	R

**AFFIRMATION
BOUNDARY
GRATITUDE
INSIGHT
MOBILITY
PAINT
STILLNESS
WATER**

**ART
EXPRESSION
HARMONY
LIMIT
MUSIC
RELAXATION
STRETCH
YOGA**

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Puzzle-Solution 63

E	V	K	N	U	G	R	A	T	I	T	U	D	E	A	I
F	X	H	E	X	P	R	E	S	S	I	O	N	H	H	N
B	U	Y	Z	M	S	V	G	K	J	W	S	B	C	U	S
O	Y	E	O	O	J	K	F	H	I	W	A	T	E	R	I
U	A	W	Y	B	U	N	N	E	M	S	E	E	I	R	G
N	U	F	Z	I	Y	O	G	A	N	R	F	I	H	U	H
D	M	S	F	L	R	B	K	W	T	R	D	Z	I	W	T
A	O	B	Z	I	O	E	P	S	Q	A	X	J	F	L	O
R	N	B	S	T	R	M	L	A	T	O	R	C	K	I	L
Y	M	M	D	Y	V	M	Y	A	I	T	X	T	I	M	T
R	U	B	D	M	X	N	A	Z	X	N	I	C	N	I	L
H	S	P	J	N	O	X	X	T	Z	A	T	T	Y	T	W
Q	I	T	P	M	Q	G	R	Y	I	Q	T	S	B	F	Y
W	C	G	R	J	T	I	Y	Z	K	O	F	I	X	F	Z
P	T	A	U	S	N	A	A	K	B	X	N	H	O	R	P
C	H	X	S	T	I	L	L	N	E	S	S	G	J	N	R

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