

# Selfcare Word Search

## Puzzle 65

W	Q	Q	W	R	F	B	A	L	A	N	C	E	M	X	R
S	T	I	L	L	N	E	S	S	D	F	O	T	I	M	E
U	E	O	C	V	J	B	E	C	W	P	Y	O	R	E	B
N	S	S	S	E	A	G	A	A	A	K	Q	S	K	A	S
R	L	G	M	S	F	P	Y	L	I	N	A	A	Y	M	C
H	U	Y	K	U	X	R	Z	M	N	X	V	P	W	R	H
Y	M	N	R	O	U	T	I	N	E	N	Q	V	T	E	E
D	B	C	D	G	C	J	C	E	U	F	U	R	S	C	D
R	E	J	U	U	R	O	N	C	N	S	A	U	I	R	U
A	R	Z	N	T	U	O	E	N	L	D	A	G	T	A	L
T	W	L	L	A	Z	C	U	A	P	P	S	P	N	F	E
I	U	O	B	U	N	R	O	N	X	P	B	H	K	T	G
O	C	R	D	E	C	G	O	B	D	C	O	U	I	Q	P
N	O	Q	L	A	H	I	N	S	I	G	H	T	Z	P	D
C	G	I	S	Q	A	T	W	K	Q	S	P	K	W	Y	V
N	S	U	O	P	U	U	N	D	E	R	S	T	A	N	D

**BALANCE**  
**CRAFT**  
**GOAL**  
**HYDRATION**  
**PAUSE**  
**SCHEDULE**  
**SLUMBER**  
**TIME**

**CALM**  
**FRIENDSHIP**  
**GROUND**  
**INSIGHT**  
**ROUTINE**  
**SILENCE**  
**STILLNESS**  
**UNDERSTAND**

# Selfcare Word Search

## Puzzle-Solution 65

W	Q	Q	W	R	F	B	A	L	A	N	C	E	M	X	R
S	T	I	L	L	N	E	S	S	D	F	O	T	I	M	E
U	E	O	C	V	J	B	E	C	W	P	Y	O	R	E	B
N	S	S	S	E	A	G	A	A	A	K	Q	S	K	A	S
R	L	G	M	S	F	P	Y	L	I	N	A	A	Y	M	C
H	U	Y	K	U	X	R	Z	M	N	X	V	P	W	R	H
Y	M	N	R	O	U	T	I	N	E	N	Q	V	T	E	E
D	B	C	D	G	C	J	C	E	U	F	U	R	S	C	D
R	E	J	U	U	R	O	N	C	N	S	A	U	I	R	U
A	R	Z	N	T	U	O	E	N	L	D	A	G	T	A	L
T	W	L	L	A	Z	C	U	A	P	P	S	P	N	F	E
I	U	O	B	U	N	R	O	N	X	P	B	H	K	T	G
O	C	R	D	E	C	G	O	B	D	C	O	U	I	Q	P
N	O	Q	L	A	H	I	N	S	I	G	H	T	Z	P	D
C	G	I	S	Q	A	T	W	K	Q	S	P	K	W	Y	V
N	S	U	O	P	U	U	N	D	E	R	S	T	A	N	D

**BALANCE**  
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