

Selfcare Word Search

Puzzle 66

P	S	Q	U	C	A	Q	Z	B	M	B	E	F	G	F	G
T	T	Z	S	A	O	X	W	K	E	C	O	M	E	C	Z
R	R	Q	U	Z	U	U	A	F	N	T	N	T	C	E	R
V	U	H	C	M	Y	L	R	E	U	O	L	Q	A	M	K
N	C	H	H	R	Z	D	I	A	I	K	I	H	L	V	H
A	T	A	A	N	E	T	H	T	G	V	S	A	M	N	Y
L	U	T	D	N	A	F	A	H	Y	E	N	G	W	C	L
I	R	F	P	P	Z	D	L	L	E	R	B	B	D	S	Z
G	E	O	G	A	N	E	X	E	U	M	U	N	H	G	V
N	P	M	X	U	S	V	H	O	C	W	P	S	F	O	G
M	F	D	O	U	P	V	J	R	E	T	W	A	W	A	P
E	T	F	A	K	N	Q	K	L	J	U	I	O	T	L	S
N	H	P	C	O	M	P	O	S	U	R	E	O	R	H	H
T	B	S	P	R	E	S	E	N	C	E	D	I	N	R	Y
S	I	M	P	L	I	C	I	T	Y	L	A	N	J	R	Y
V	R	E	L	A	X	A	T	I	O	N	U	G	B	U	Y

**ALIGNMENT
COMPOSURE
EMPATHY
GOAL
PATIENCE
PRESENCE
RELAXATION
STRUCTURE**

**CALM
COURAGE
FOUNDATION
JOURNAL
PAUSE
REFLECTION
SIMPLICITY
WORRY**

Selfcare Word Search

Puzzle-Solution 66

P	S	Q	U	C	A	Q	Z	B	M	B	E	F	G	F	G
T	T	Z	S	A	O	X	W	K	E	C	O	M	E	C	Z
R	R	Q	U	Z	U	U	A	F	N	T	N	T	C	E	R
V	U	H	C	M	Y	L	R	E	U	O	L	Q	A	M	K
N	C	H	H	R	Z	D	I	A	I	K	I	H	L	V	H
A	T	A	A	N	E	T	H	T	G	V	S	A	M	N	Y
L	U	T	D	N	A	F	A	H	Y	E	N	G	W	C	L
I	R	F	P	P	Z	D	L	L	E	R	B	B	D	S	Z
G	E	O	G	A	N	E	X	E	U	M	U	N	H	G	V
N	P	M	X	U	S	V	H	O	C	W	P	S	F	O	G
M	F	D	O	U	P	V	J	R	E	T	W	A	W	A	P
E	T	F	A	K	N	Q	K	L	J	U	I	O	T	L	S
N	H	P	C	O	M	P	O	S	U	R	E	O	R	H	H
T	B	S	P	R	E	S	E	N	C	E	D	I	N	R	Y
S	I	M	P	L	I	C	I	T	Y	L	A	N	J	R	Y
V	R	E	L	A	X	A	T	I	O	N	U	G	B	U	Y

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